

London overlaps into Midlands Region



London overlaps into South Region





London

TV Television Transmitting Stations

ITV Offices

Bury St. Edmunds

Newmarket

Stowmarket

Needham Market

Cambridge

Sawston

Haverhill

Bedford

Sandy Heath

Saffron Walden

Sudbury

Milton Keynes

Sletchley

Letchworth Garden City

Buckingham

M11

Stevenage

Great Dunmow

Braintree

Colchester

Leighton Buzzard

Luton

A1(M)

Bishop's Stortford

Witham

Aylesbury

Tring

Harpenden

Welwyn Garden City

M11

Chesham

Malden

Thames

Berkhamsted

Hemel Hempstead

M1

M25

South Woodham Ferrers

Burham-on-Creech

M40

M25

M25

Rayleigh

Rochford

Southend-on-Sea

Henley-on-Thames

Marlow

M4

M4

LONDON (GIR)

LONDON (SBK)

M20

Dartford

Reading

M3

Bracknell

Crystal Palace

M20

Rochester

Blarney Hill

Maldstone

Canterbury

Basingstoke

Fleet

M25

M23

Sevenoaks

Tonbridge

Alton

Farnham

Aldershot

Godalming

M23

Edenbridge

Royal Tunbridge Wells

Tenterden

Petersfield

Haslemere

Crawley

Horsham

Crawborough

Heathfield

Rye

Lydd

Midhurst