

Trains from Roding Valley

Average journey times of through trains to Woodford and Central London via Wanstead from this station

Westbound to central London via Woodford

Change at Woodford unless otherwise shown.
Through trains to central London are shown in red.

Mondays to Fridays	Saturdays	Sundays
0532 first connecting train - continues to Leytonstone	0611 first connecting train	0747e first train
0546y 54	0625r 33 37r 55	0810 32 55
0611 26y 46 59r	0715 28r 35 48r 55	0917 39
0709 21a 29 52	0815 35 55	1001 23 45
0809r 14 36 54	0915 35 55	1107 29 51
0914 35 55	1015 35 55	1213 35 57
1015 35 55	1115 21r 35 53	1319 41
1115 35 55	1211 34 56	1403 25 47
1215 35 55	1315 32 50	1509 31 53
1315 35 55	1408 26 44	1615 37 59
1415 34 55	1502 20 38 56	1721 43
1515 35 56	1614 32 50	1805 27 49
1611c 15 35 54	1708 26 44	1911 33 55
1712 34 52	1805 20 40 55	2017 37 57
1814 33 53	1915 35 55	2117 37 57
1915 35 55	2015 35 55	2217 37 55
2015 35 55	2115 35 55	2257 last connecting train
2115 35 55	2215 35 55	2316 36
2215 35 55	2316 35	2353 last train - not beyond Woodford
2315 36	2353 last connecting train - for West Ruislip	
2354 last connecting train - for West Ruislip, also Ealing Broadway on Mondays to Thursdays	0022 last connecting train - for Ealing Broadway	
0022 last connecting train - for Leytonstone (Mondays to Thursdays) or Ealing Broadway (Fridays)		

a - Through train to North Acton
c - Through train to White City
e - Through train to Ealing Broadway
r - Through train to West Ruislip
y - Through train to Leytonstone

Eastbound to central London via Hainault

Most trains continue to Ealing Broadway with occasional trains running to West Ruislip.
If no through train is shown take the first train to White City and change there.

Mondays to Fridays	Saturdays	Sundays
0627c first train	0627r first train	0808c first train
0649c	0649e	0831r 53r
0706c 32e 50a	0715e 35e 57e	0915e 37e 59e
0811e 31e 52e	0812e 33e 53e	1021e 43e
0912e 33e 52e	0913e 33e 53e	1105e 27e 49e
1013e 33e 53e	1013e 33e 53e	1211e 33e 55e
1113e 33e 53e	1113e 33c 52e	1317e 39e
1213e 33e 53e	1214e 32e 51e	1401e 23e 45e
1313e 33e 53c	1313e 31e 49e	1507e 29e 51e
1413e 33a 53e	1407e 25e 43e	1613e 35e 57e
1513e 33c 53c	1501e 19e 37e 55e	1719e 41e
1613c 33a 51e	1613e 31e 49e	1803e 25e 47e
1714r 34c 45g 55r	1707e 25e 43e	1909e 31e 53r
1815e 31e 52r	1801c 21c 41c 55e	2015e 32e 53e
1915e 33r 54r	1913e 33e 53e	2115e 33e 53e
2013e 33e 53e	2013e 33e 53e	2213e 33e
2113e 33e 53e	2113e 33e 53e	2253 last through train - to Ealing Broadway (Change at White City for West Ruislip)
2213e 33e 53e	2213e 33e 53e	2313h 33h
2313e	2313e	2357 last train - not beyond Hainault
2337 last through train - to Ealing Broadway (Change at White City for West Ruislip)	2337 last through train - to Ealing Broadway (Change at White City for West Ruislip)	
0012h last train - change at Hainault for White City on Fridays (also change at White City for Ealing Broadway)	0012h last train - change at Hainault for White City (also change at White City for Ealing Broadway)	

a - Through train to North Acton
c - Through train to White City
e - Through train to Ealing Broadway
g - Not beyond Grange Hill
h - Not beyond Hainault
r - Through train to West Ruislip



Check before you travel. Improvement work is taking place, particularly at weekends. See contact details below.

*Service and network charges may apply. See tfl.gov.uk/terms for details.