

Trains from Holland Park

Average journey times of through trains from this station

Eastbound to Loughton			
	Mondays to Fridays	Saturdays	Sundays
First train	0538	0538	0538
Last train	0020	0020	2327
Trains run every 3-10 minutes*			

Eastbound to Epping			
	Mondays to Fridays	Saturdays	Sundays
First train	0538	0538	0539
Last train	0020	0020	2327
Trains run every 4-10 minutes*			

Eastbound to Hainault via Newbury Park			
	Mondays to Fridays	Saturdays	Sundays
First train	0538x	0538x	0540x
Last train	0019x	0019x	2332
Trains run every 3-10 minutes*			
x Change at Leytonstone			

Eastbound to Grange Hill via Woodford			
	Mondays to Fridays	Saturdays	Sundays
First train	0538	0538	0721
Last train	2324	2324	2311
For Roding Valley, Chigwell and Grange Hill change at Woodford for a shuttle service that runs approximately every 20 minutes			
There is a through service to Grange Hill at 1659 Monday to Friday			

Westbound to Ealing Broadway			
	Mondays to Fridays	Saturdays	Sundays
First train	0607w	0607w	0610
Last train	0040	0040	2358
Trains run every 4-10 minutes*			
w Change at White City			

Westbound to West Ruislip			
	Mondays to Fridays	Saturdays	Sundays
First train	0606	0606	0700
Last train	0042	0042	2356w
Trains run every 3-10 minutes*			
w Change at White City			



Check before you travel. Improvement work is taking place, particularly at weekends. See contact details below.

*Early morning and late evening trains may run less frequently

