

Trains from Lancaster Gate

Eastbound services

to Leytonstone			
	Mondays to Fridays	Saturdays	Sundays
First train	0542	0542	0545
Last train	0024	0024	2336
Trains run every 2-5 minutes*			

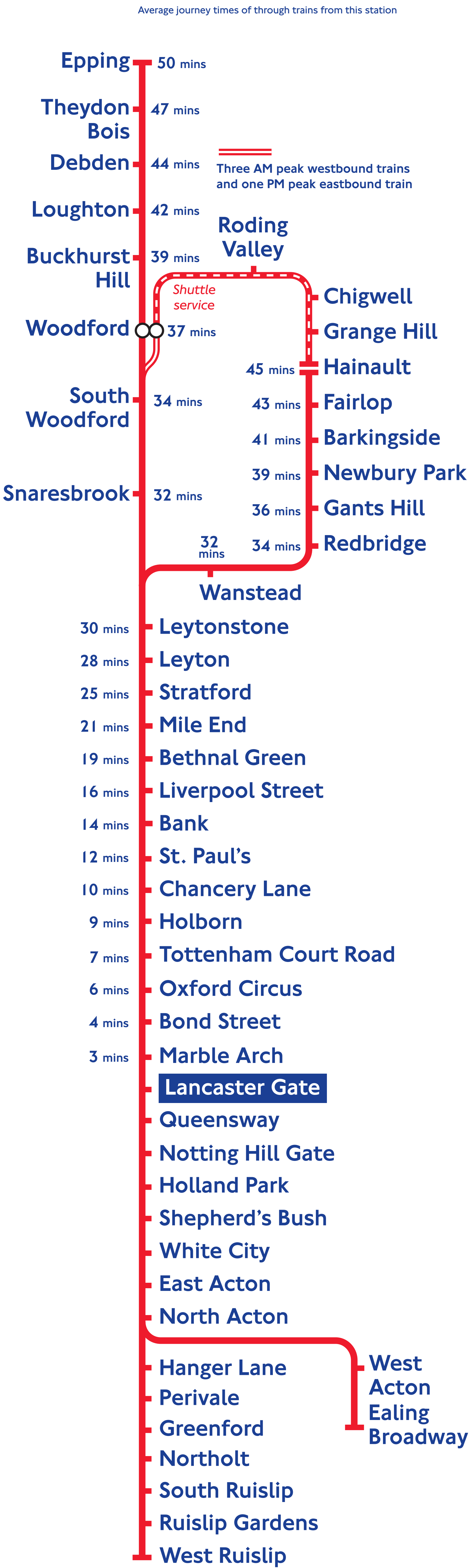
to Loughton			
	Mondays to Fridays	Saturdays	Sundays
First train	0543	0543	0543
Last train	0024	0024	2331
Trains run every 4-10 minutes*			

to Epping			
	Mondays to Fridays	Saturdays	Sundays
First train	0543	0543	0543
Last train	0024	0024	2331
Trains run every 3-10 minutes*			

to Hainault via Newbury Park			
	Mondays to Fridays	Saturdays	Sundays
First train	0543x	0543x	0545x
Last train	0025x	0025x	2337
Trains run every 3-10 minutes*			
x Change at Leytonstone			

to Grange Hill via Woodford			
	Mondays to Fridays	Saturdays	Sundays
First train	0542	0542	0724
Last train	2327	2327	2315
For Roding Valley, Chigwell and Grange Hill change at Woodford for a shuttle service that runs approximately every 20 minutes			
There is a through service to Grange Hill at 1704 Monday to Friday			

*Early morning and late evening trains may run less frequently



Check before you travel. Improvement work is taking place, particularly at weekends. See contact details below.