

Trains from South Woodford

Eastbound to Hainault via Woodford

	Mondays to Fridays	Saturdays	Sundays
First train	0617	0617	0800
Last train	0004	0004	2350
For Roding Valley, Chigwell, Grange Hill and Hainault change at Woodford for a shuttle service that runs approximately every 20 minutes			
There is a through service to Grange Hill at 1739 Monday to Friday			

Eastbound to Loughton

	Mondays to Fridays	Saturdays	Sundays
First train	0540	0540	0617
Last train	0059	0059	0005
Trains run every 3-10 minutes*			

Eastbound to Epping

	Mondays to Fridays	Saturdays	Sundays
First train	0540	0540	0617
Last train	0059	0059	0005
Trains run every 3-10 minutes*			

Westbound to White City

	Mondays to Fridays	Saturdays	Sundays
First train	0527	0527	0527
Last train	0001x	0001x	2315
Trains run every 3-10 minutes*			
x Later trains runs to Leytonstone until 0035			

Westbound to Ealing Broadway

	Mondays to Fridays	Saturdays	Sundays
First train	0527w	0527w	0527
Last train	0002w	0002w	2315w
If no through train is shown take the first train and change at White City			
w Change at White City			

Westbound to West Ruislip

	Mondays to Fridays	Saturdays	Sundays
First train	0527	0527	0610w
Last train	0002	0002	2315
If no through train is shown take the first train and change at White City			
w Change at White City			

\*Early morning and late evening trains may run less frequently



Check before you travel. Improvement work is taking place, particularly at weekends. See contact details below.