

# Trains from Leytonstone

## Eastbound services

### to Loughton

	Mondays to Fridays	Saturdays	Sundays
First train	0536	0536	0536
Last train	0055	0055	0001
Trains run every 3-10 minutes*			

### to Epping

	Mondays to Fridays	Saturdays	Sundays
First train	0536	0536	0614
Last train	0055	0055	0001
Trains run every 4-10 minutes*			

### to Hainault via Newbury Park

	Mondays to Fridays	Saturdays	Sundays
First train	0619	0619	0620
Last train	0058	0058	0006
Trains run every 3-10 minutes*			

### to Grange Hill via Woodford

	Mondays to Fridays	Saturdays	Sundays
First train	0613	0613	0756
Last train	2359	2359	2345

For Roding Valley, Chigwell and Grange Hill change at Woodford for a shuttle service that runs approximately every 20 minutes

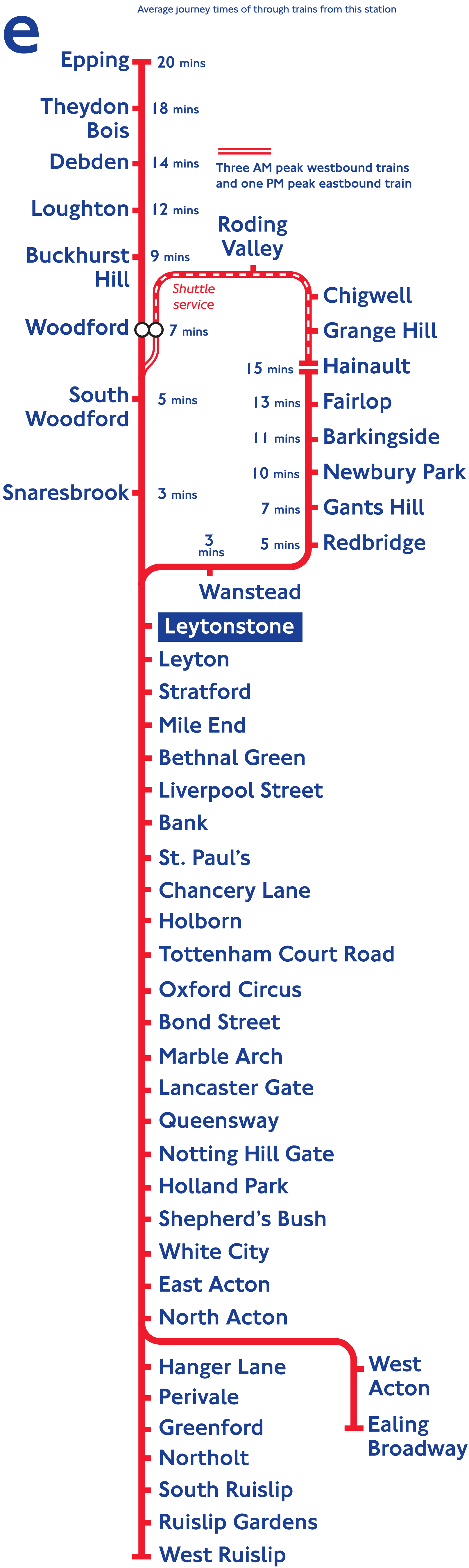
There is a through service to Grange Hill at 1735 Monday to Friday

\*Early morning and late evening trains may run less frequently

Check your travel  
tfl.gov.uk/travel-tools

24 hour travel information  
0343 222 1234\*

\*Service and network charges may apply. See tfl.gov.uk/terms for details.



Check before you travel. Improvement work is taking place, particularly at weekends. See contact details below.