

Trains from Bethnal Green

Eastbound services

to Leytonstone			
	Mondays to Fridays	Saturdays	Sundays
First train	0601	0601	0603
Last train	0043	0043	2355
Trains run every 2-5 minutes*			

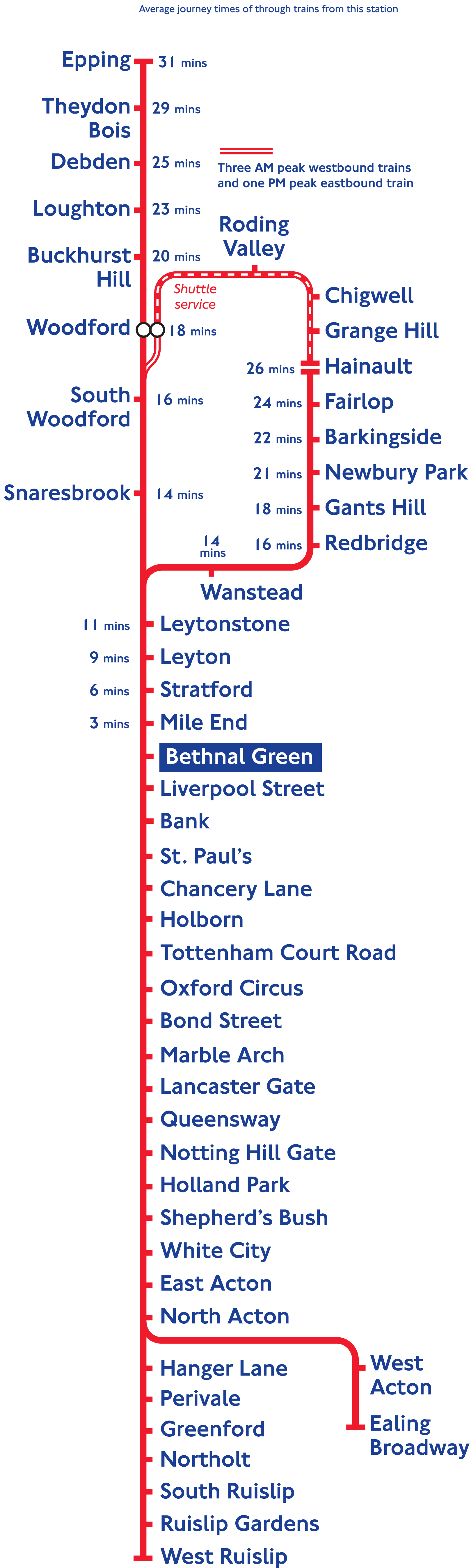
to Loughton			
	Mondays to Fridays	Saturdays	Sundays
First train	0601	0601	0603
Last train	0043	0043	2349
Trains run every 4-10 minutes*			

to Epping			
	Mondays to Fridays	Saturdays	Sundays
First train	0601	0601	0603
Last train	0043	0043	2349
Trains run every 3-10 minutes*			

to Hainault via Newbury Park			
	Mondays to Fridays	Saturdays	Sundays
First train	0601x	0601x	0603x
Last train	0043x	0043x	2355
Trains run every 3-10 minutes*			
x Change at Leytonstone			

to Grange Hill via Woodford			
	Mondays to Fridays	Saturdays	Sundays
First train	0601	0601	0747
Last train	2347	2348	2334
For Roding Valley, Chigwell and Grange Hill change at Woodford for a shuttle service that runs approximately every 20 minutes			
There is a through service to Grange Hill at 1723 Monday to Friday			

*Early morning and late evening trains may run less frequently



Check before you travel. Improvement work is taking place, particularly at weekends. See contact details below.