

# Trains from St. Paul’s Eastbound services

to Leytonstone			
	Mondays to Fridays	Saturdays	Sundays
First train	0554	0554	0556
Last train	0036	0036	2348
Trains run every 2-5 minutes*			

to Loughton			
	Mondays to Fridays	Saturdays	Sundays
First train	0554	0554	0556
Last train	0036	0036	2342
Trains run every 4-10 minutes*			

to Epping			
	Mondays to Fridays	Saturdays	Sundays
First train	0554	0554	0556
Last train	0036	0036	2342
Trains run every 3-10 minutes*			

to Hainault via Newbury Park			
	Mondays to Fridays	Saturdays	Sundays
First train	0554x	0554x	0556x
Last train	0035x	0035x	2348
Trains run every 3-10 minutes*			
x Change at Leytonstone			

to Grange Hill via Woodford			
	Mondays to Fridays	Saturdays	Sundays
First train	0554	0554	0736
Last train	2340	2340	2326
For Roding Valley, Chigwell and Grange Hill change at Woodford for a shuttle service that runs approximately every 20 minutes			
There is a through service to Grange Hill at 1715 Monday to Friday			

\*Early morning and late evening trains may run less frequently



Check before you travel. Improvement work is taking place, particularly at weekends. See contact details below.