

Trains from Stratford

Eastbound services

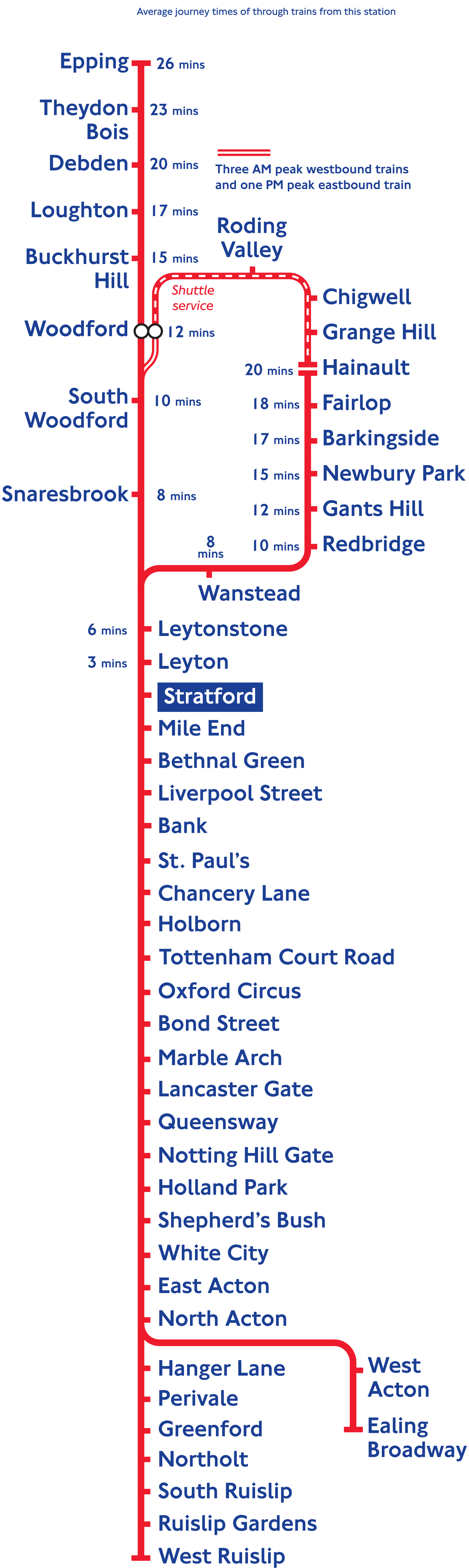
to Leytonstone			
	Mondays to Fridays	Saturdays	Sundays
First train	0607	0607	0609
Last train	0049	0049	0001
Trains run every 2-5 minutes*			

to Loughton			
	Mondays to Fridays	Saturdays	Sundays
First train	0607	0607	0609
Last train	0049	0049	2355
Trains run every 4-10 minutes*			

to Epping			
	Mondays to Fridays	Saturdays	Sundays
First train	0607	0607	0609
Last train	0049	0049	2355
Trains run every 3-10 minutes*			

to Hainault via Newbury Park			
	Mondays to Fridays	Saturdays	Sundays
First train	0607x	0607x	0610x
Last train	0049x	0049x	0001
Trains run every 3-10 minutes*			
x Change at Leytonstone			

to Grange Hill via Woodford			
	Mondays to Fridays	Saturdays	Sundays
First train	0607	0607	0752
Last train	2353	2354	2340
For Roding Valley, Chigwell and Grange Hill change at Woodford for a shuttle service that runs approximately every 20 minutes			
There is a through service to Grange Hill at 1729 Monday to Friday			



Check before you travel. Improvement work is taking place, particularly at weekends. See contact details below.

*Early morning and late evening trains may run less frequently