

Trains from Snaresbrook

Eastbound to Hainault via Woodford

	Mondays to Fridays	Saturdays	Sundays
First train	0615	0615	0758
Last train	0002	0002	2348
For Roding Valley, Chigwell, Grange Hill and Hainault change at Woodford for a shuttle service that runs approximately every 20 minutes			
There is a through service to Grange Hill at 1737 Monday to Friday			

Eastbound to Loughton

	Mondays to Fridays	Saturdays	Sundays
First train	0538	0538	0615
Last train	0057	0057	0003
Trains run every 3-10 minutes*			

Eastbound to Epping

	Mondays to Fridays	Saturdays	Sundays
First train	0538	0538	0615
Last train	0057	0057	0003
Trains run every 3-10 minutes*			

Westbound to White City

	Mondays to Fridays	Saturdays	Sundays
First train	0530	0530	0530
Last train	0004x	0004x	2318
Trains run every 3-10 minutes*			
x Later trains runs to Leytonstone until 0035			

Westbound to Ealing Broadway

	Mondays to Fridays	Saturdays	Sundays
First train	0530w	0530w	0530
Last train	0004w	0004w	2317w
If no through train is shown take the first train and change at White City			
w Change at White City			

Westbound to West Ruislip

	Mondays to Fridays	Saturdays	Sundays
First train	0530	0530	0612w
Last train	0004	0004	2317
If no through train is shown take the first train and change at White City			
w Change at White City			



Check before you travel. Improvement work is taking place, particularly at weekends. See contact details below.

*Early morning and late evening trains may run less frequently