

Liverpool Street and Shenfield

Train ID		3C01RB	2C00RL	5C00RL	3C05RB	2W00RL	2C04RL	5C04RL	2C06RL	5C06RL	2W02RL	2C08RL	5C08RL
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G
Oper Char Symbols		Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ
London Liverpool St	Dep	...	05.17	05.40	05.47	06.02	06.10	06.17
	plt	..	18	15	16	..	17	..	15	16	..
	lne	EL	EL	EL	EL	EL	EL
Bethnal Green	Arr	..	<i>05/20</i>	<i>05/43</i>	<i>05/50</i>	..	<i>06/05</i>	..	<i>06/13</i>	<i>06/20</i>	..
	lne
	mgn
Bow Jn	Arr	..	<i>05/22</i>	<i>05/45</i>	<i>05/52</i>	..	<i>06/07</i>	..	<i>06/15</i>	<i>06/22</i>	..
	lne
	mgn
Stratford	Arr	..	05.23½	05.46½	05.53½	..	06.08½	..	06.16½	06.23½	..
	plt	8	8	8	8	8	8
Stratford	Dep	..	05.24½	05.47½	05.54½	..	06.09½	..	06.17½	06.24½	..
	lne
Maryland	Dep	..	05.26	05.56	..	06.11	06.26	..
Forest Gate	Dep	05.28	05.58	06.13	06.28
	mgn
	lne
Forest Gate Jn	Arr	..	<i>05/29</i>	<i>05/50</i>	<i>05/59</i>	..	<i>06/14</i>	..	<i>06/20</i>	<i>06/29</i>	..
Manor Park	Dep	..	05.30	06.00	..	06.15	06.30	..
	lne
	mgn
Ilford	Arr	..	05.32½	05.52	06.02½	..	06.17½	..	06.22	06.32½	..
	Dep	05.33½	05.53	06.03½	06.18½	06.23	06.33½
	lne
	mgn
Ilford EMUD L/E Jn	Arr
Ilford EMUD	Dep	05.20	05.47
Seven Kings	Arr	..	<i>05/25</i>	<i>05/52</i>	<i>05/X55½</i>	06.06	06.21	..	<i>06/X25½</i>	06.36	..
	lne	EL	EL	ML	ML
Goodmayes	Dep	05.38	06.08	06.23	06.38
	mgn	..	[1]	[1]	..	[1]	[1]	..
Chadwell Heath	Arr	..	05.41	05†43	<i>05/55</i>	05a59	06.11	06†13	06.26	06†28	06a29	06.41	06†43
Chadwl Hth Md Sdg	Arr	05.30	05†45	05.57	06†15	..	06†30	06†45
	mgn
Romford	Arr	06.03	06.33
	lne
	mgn	[1]	[1]
Gidea Park	Arr	06.06	06.36
	Dep	06.06½	06.36½
	lne
Gidea Pk Mid Sdg	Arr
Gidea Pk CS	Arr
	Dep
Gidea Pk C/E Spur	Arr
Gidea Park Jn	lne
Harold Wood	Dep	06.09½	06.39½
	mgn
Brentwood	Dep	06.14	06.44
	mgn	[1]	[1]
Shenfield	Arr	06.19	06.49
	plt	1	1
Shenfield	Dep
Shenfield CS	Arr
To													
Arrives													

Liverpool Street and Shenfield

Train ID		2C10RL	5C10RL	2W04RL	2C12RL	5C12RL	2C14RL	5C14RL	2W06RL	2C16RL	5C16RL	2C18RL	5C18RL
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G
Oper Char Symbols		Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ
London Liverpool St	Dep	06.32	...	06.40	06.47	...	07.02	...	07.10	07.17	...	07.32	...
	plt	17	...	15	16	...	17	...	15	16	...	17	...
	lne	EL	...	EL	EL	...	EL	...	EL	EL	...	EL	...
Bethnal Green	Arr	06/35	...	06/43	06/50	...	07/05	...	07/13	07/20	...	07/35	...
	lne
	mgn
Bow Jn	Arr	06/37	...	06/45	06/52	...	07/07	...	07/15	07/22	...	07/37	...
	lne
	mgn
Stratford	Arr	06.38½	...	06.46½	06.53½	...	07.08½	...	07.16½	07.23½	...	07.38½	...
	plt	8	...	8	8	...	8	...	8	8	...	8	...
Stratford	Dep	06.39½	...	06.47½	06.54½	...	07.09½	...	07.17½	07.24½	...	07.39½	...
	lne
Maryland	Dep	06.41	06.56	...	07.11	07.26	...	07.41	...
Forest Gate	Dep	06.43	06.58	...	07.13	07.28	...	07.43	...
	mgn
	lne
Forest Gate Jn	Arr	06/44	...	06/50	06/59	...	07/14	...	07/20	07/29	...	07/44	...
Manor Park	Dep	06.45	07.00	...	07.15	07.30	...	07.45	...
	lne
	mgn
Ilford	Arr	06.47½	...	06.52	07.02½	...	07.17½	...	07.22	07.32½	...	07.47½	...
	Dep	06.48½	...	06.53	07.03½	...	07.18½	...	07.23	07.33½	...	07.48½	...
	lne
	mgn
Ilford EMUD L/E Jn	Arr
Ilford EMUD	Dep
Seven Kings	Arr	06.51	...	06/X55½	07.06	...	07.21	...	07/X25½	07.36	...	07.51	...
	lne	ML	ML
Goodmayes	Dep	06.53	07.08	...	07.23	07.38	...	07.53	...
	mgn	[1]	[1]	...	[1]	[1]	...	[1]	...
Chadwell Heath	Arr	06.56	06†58	06a59	07†13	...	07.26	07†28	07a29	07.41	07†43	07.56	07†58
Chadwl Hth Md Sdg	Arr	...	07†00	...	07†15	...	07.26	07†30	...	07.41	07†45	07.56	08†00
	mgn
Romford	Arr	07.03	07.33
	lne
	mgn	[1]	[1]
Gidea Park	Arr	07.06	07.36
	Dep	07.06½	07.36½
	lne
Gidea Pk Mid Sdg	Arr
Gidea Pk CS	Arr
	Dep
Gidea Pk C/E Spur	Arr
Gidea Park Jn	Arr
	lne
Harold Wood	Dep	07.09½	07.39½
	mgn
Brentwood	Dep	07.14	07.44
	mgn	[1]	[1]
Shenfield	Arr	07.19	07.49
	plt	1	1
Shenfield	Dep
Shenfield CS	Arr
To													
Arrives													

Liverpool Street and Shenfield

Train ID		2W08RL	2C20RL	5C20RL	2C22RL	5C22RL	2W10RL	2C24RL	5C24RL	2C26RL	5C26RL	2W12RL	2C28RL
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G
Oper Char Symbols		Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ
London Liverpool St	Dep	07.40	07.47	08.02	08.10	08.17	08.32	08.40	08.47
	plt	15	16	..	17	..	15	16	..	17	..	15	16
	line	EL	EL	EL	EL	EL	EL	EL	EL
Bethnal Green	Arr	07/43	07/50	..	08/05	..	08/13	08/20	..	08/35	..	08/43	08/50
	line
	mgn
Bow Jn	Arr	07/45	07/52	08/07	08/15	08/22	08/37	08/45	08/52
	line
	mgn
Stratford	Arr	07.46½	07.53½	08.08½	08.16½	08.23½	08.38½	08.46½	08.53½
	plt	8	8	8	8	8	8	8	8
Stratford	Dep	07.47½	07.54½	..	08.09½	..	08.17½	08.24½	..	08.39½	..	08.47½	08.54½
	line
Maryland	Dep	..	07.56	..	08.11	08.26	..	08.41	08.56
Forest Gate	Dep	07.58	08.13	08.28	08.43	08.58
	mgn
	line
Forest Gate Jn	Arr	07/50	07/59	..	08/14	..	08/20	08/29	..	08/44	..	08/50	08/59
Manor Park	Dep	08.00	08.15	08.30	08.45	09.00
	line
	mgn
Ilford	Arr	07.52	08.02½	08.17½	08.22	08.32½	08.47½	08.52	09.02½
	Dep	07.53	08.03½	08.18½	08.23	08.33½	08.48½	08.53	09.03½
	line
	mgn
Ilford EMUD L/E Jn	Arr
Ilford EMUD	Dep
Seven Kings	Arr	07/X55½	08.06	08.21	08/X25½	08.36	08.51	08/X55½	09.06
	line	ML	ML	ML	..
Goodmayes	Dep	08.08	08.23	08.38	08.53	09.08
	mgn	..	[1]	..	[1]	[1]	..	[1]	[1]
Chadwell Heath	Arr	07a59	08.11	08†13	08.26	08†28	08a29	08.41	08†43	08.56	08†58	08a59	09.11
Chadwll Hth Md Sdg	Arr	08†15	..	08†30	08†45	..	09†00
	mgn
Romford	Arr	08.03	08.33	09.03	..
	line
	mgn	[1]	[1]	[1]	..
Gidea Park	Arr	08.06	08.36	09.06
	Dep	08.06½	08.36½	09.06½	..
	line
Gidea Pk Mid Sdg	Arr
Gidea Pk CS	Arr
	Dep
Gidea Pk C/E Spur	Arr
Gidea Park Jn	Arr
	line
Harold Wood	Dep	08.09½	08.39½	09.09½	..
	mgn
Brentwood	Dep	08.14	08.44	09.14	..
	mgn	[1]	[1]	[1]
Shenfield	Arr	08.19	08.49	09.19	..
	plt	1	1	1
Shenfield	Dep
Shenfield CS	Arr
To													
Arrives													

Liverpool Street and Shenfield

Train ID		5C28RL	2C30RL	5C30RL	2W14RL	2C32RL	5C32RL	2C34RL	5C34RL	2W16RL	2C36RL	5C36RL	2C38RL
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G
Oper Char Symbols		Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ
London Liverpool St	Dep	...	09.02	...	09.10	09.17	...	09.32	...	09.40	09.47	...	10.02
	plt	..	17	..	15	16	...	17	...	15	16	..	17
	lne	EL	EL	EL	EL	EL	EL	EL
Bethnal Green	Arr	...	09/05	..	09/13	09/20	...	09/35	...	09/43	09/50	...	10/05
	lne
	mgn	10/07
Bow Jn	...	09/07	...	09/15	09/22	...	09/37	...	09/45	09/52	...	10/07	
	lne
	mgn
Stratford	Arr	..	09.08½	...	09.16½	09.23½	...	09.38½	...	09.46½	09.53½	...	10.08½
	plt	8	8	8	8	8	8	8
Stratford	Dep	...	09.09½	..	09.17½	09.24½	..	09.39½	..	09.47½	09.54½	..	10.09½
	lne
Maryland	Dep	..	09.11	09.26	..	09.41	09.56	..	10.11
Forest Gate	Dep	09.13	09.28	09.43	09.58	10.13
	mgn
	lne
Forest Gate Jn	...	09/14	..	09/20	09/29	..	09/44	..	09/50	09/59	..	10/14	
Manor Park	Dep	...	09.15	09.30	09.45	10.00	10.15
	lne
	mgn
Ilford	Arr	..	09.17½	...	09.22	09.32½	...	09.47½	...	09.52	10.02½	...	10.17½
	Dep	09.18½	09.23	09.33½	09.48½	09.53	10.03½	10.18½
	lne
	mgn
Ilford EMUD L/E Jn
Ilford EMUD	Arr
	Dep
Seven Kings	...	09.21	...	09/X25½	09.36	...	09.51	...	09/X55½	10.06	...	10.21	
	lne	ML	ML	
Goodmayes	Dep	09.23	09.38	09.53	10.08	10.23
	mgn	..	[1]	..	[1]	[1]	..	[1]	..	[1]	[1]	..	[1]
Chadwell Heath	...	09†13	09.26	09†28	09a29	09.41	09†43	09.56	09†58	09a59	10.11	10†13	10.26
Chadwl Hth Md Sdg	Arr	09†15	...	09†30	09†45	..	10†00	10†15	..
	mgn	09.33	10.03
	lne	[1]	[1]
Gidea Park	Arr	09.36	10.06
	Dep	09.36½	10.06½
	lne
Gidea Pk Mid Sdg	Arr
Gidea Pk CS	Arr
	Dep
Gidea Pk C/E Spur	Arr
Gidea Park Jn
	lne
Harold Wood	Dep	09.39½	10.09½
	mgn
Brentwood	Dep	09.44	10.14
	mgn	[1]	[1]
Shenfield	Arr	09.49	10.19
	plt	1	1
Shenfield	Dep
Shenfield CS	Arr
To													
Arrives													

Liverpool Street and Shenfield

Train ID		5C38RL	2W18RL	2C40RL	5C40RL	2C42RL	5C42RL	2W20RL	2C44RL	5C44RL	2C46RL	5C46RL	2W22RL
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS
Oper Char Symbols		Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ
London Liverpool St	Dep	...	10.10	10.17	...	10.32	...	10.40	10.47	...	11.02	...	11.10
	plt	..	15	16	...	17	...	15	16	...	17	...	15
	lne	EL	EL	EL	EL	EL	EL	EL
Bethnal Green	Arr	..	10/13	10/20	..	10/35	..	10/43	10/50	..	11/05	..	11/13
	lne
	mgn
Bow Jn	Arr	..	10/15	10/22	..	10/37	..	10/45	10/52	..	11/07	..	11/15
	lne
	mgn
Stratford	Arr	..	10.16½	10.23½	..	10.38½	..	10.46½	10.53½	..	11.08½	..	11.16½
	plt	8	8	8	8	8	8	8
Stratford	Dep	..	10.17½	10.24½	..	10.39½	..	10.47½	10.54½	..	11.09½	..	11.17½
	lne
Maryland	Dep	10.26	..	10.41	10.56	..	11.11
Forest Gate	Dep	10.28	..	10.43	10.58	..	11.13
	mgn
	lne
Forest Gate Jn	Arr	..	10/20	10/29	..	10/44	..	10/50	10/59	..	11/14	..	11/20
Manor Park	Dep	10.30	..	10.45	11.00	..	11.15
	lne
	mgn
Ilford	Arr	..	10.22	10.32½	..	10.47½	..	10.52	11.02½	..	11.17½	..	11.22
	Dep	..	10.23	10.33½	..	10.48½	..	10.53	11.03½	..	11.18½	..	11.23
	lne
	mgn
Ilford EMUD L/E Jn	Arr
Ilford EMUD	Dep
Seven Kings	Arr	..	10/X25½	10.36	..	10.51	..	10/X55½	11.06	..	11.21	..	11/X25½
	lne	ML	ML	ML
Goodmayes	Dep	10.38	..	10.53	11.08	..	11.23
	mgn	[1]	..	[1]	[1]	..	[1]
Chadwell Heath	Arr	10†28	10a29	10.41	10†43	10.56	10†58	10a59	11†13	11.11	11.26	11†28	11a29
Chadwl Hth Md Sdg	Arr	10†30	10†45	..	11†00	..	11†15	..	11†30
	mgn
Romford	Arr	..	10.33	11.03	11.33
	lne
	mgn	..	[1]	[1]	[1]
Gidea Park	Arr	..	10.36	11.06	11.36
	Dep	..	10.36½	11.06½	11.36½
	lne
Gidea Pk Mid Sdg	Arr
Gidea Pk CS	Arr
	Dep
Gidea Pk C/E Spur	Arr
Gidea Park Jn	lne
Harold Wood	Dep	..	10.39½	11.09½	11.39½
	mgn
Brentwood	Dep	..	10.44	11.14	11.44
	mgn	..	[1]	[1]	[1]
Shenfield	Arr	..	10.49	11.19	11.49
	plt	1	1	1
Shenfield	Dep
Shenfield CS	Arr
To													
Arrives													

Liverpool Street and Shenfield

Train ID		2C48RL	5C48RL	2C50RL	5C50RL	2W24RL	2C52RL	5C52RL	2C54RL	5C54RL	2W26RL	2C56RL	5C56RL
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G
Oper Char Symbols		Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ
London Liverpool St	Dep	11.17	...	11.32	11.40	11.47	12.02	12.10	12.17
	plt	16	..	17	..	15	16	..	17	..	15	16	..
	lne	EL	EL	EL	EL	EL	EL	EL
Bethnal Green		11/20	..	11/35	..	11/43	11/50	..	12/05	..	12/13	12/20	..
	lne
	mgn
Bow Jn		11/22	11/37	11/45	11/52	12/07	12/15	12/22
	lne
	mgn
Stratford	Arr	11.23½	..	11.38½	..	11.46½	11.53½	..	12.08½	..	12.16½	12.23½	..
	plt	8	8	8	8	8	8	8
Stratford	Dep	11.24½	..	11.39½	..	11.47½	11.54½	..	12.09½	..	12.17½	12.24½	..
	lne
Maryland	Dep	11.26	..	11.41	11.56	..	12.11	12.26	..
Forest Gate	Dep	11.28	11.43	11.58	12.13	12.28
	mgn
	lne
Forest Gate Jn		11/29	..	11/44	..	11/50	11/59	..	12/14	..	12/20	12/29	..
Manor Park	Dep	11.30	..	11.45	12.00	12.15	12.30
	lne
	mgn
Ilford	Arr	11.32½	..	11.47½	..	11.52	12.02½	..	12.17½	..	12.22	12.32½	..
	Dep	11.33½	11.48½	11.53	12.03½	12.18½	12.23	12.33½
	lne
	mgn
Ilford EMUD L/E Jn	
Ilford EMUD	Arr
	Dep
Seven Kings		11.36	11.51	11/X55½	12.06	12.21	12/X25½	12.36
	lne	ML	ML
Goodmayes	Dep	11.38	11.53	12.08	12.23	12.38
	mgn	[1]	[1]	[1]	[1]	[1]
Chadwell Heath		11.41	11†43	11.56	11†58	11a59	12.11	12†13	12.26	12†28	12a29	12.41	12†43
Chadwl Hth Md Sdg	Arr	..	11†45	..	12†00	12†15	..	12†30	12†45
	mgn
Romford		12.03	12.33
	lne
	mgn	[1]	[1]
Gidea Park	Arr	12.06	12.36
	Dep	12.06½	12.36½
	lne
Gidea Pk Mid Sdg	Arr
Gidea Pk CS	Arr
	Dep
Gidea Pk C/E Spur	Arr
Gidea Park Jn	
	lne
Harold Wood	Dep	12.09½	12.39½
	mgn
Brentwood	Dep	12.14	12.44
	mgn	[1]	[1]
Shenfield	Arr	12.19	12.49
	plt	1	1
Shenfield	Dep
Shenfield CS	Arr
To													
Arrives													

Liverpool Street and Shenfield

Train ID		2C58RL	5V80RB	5C58RL	2W28RL	5V80RB	2C60RL	5C60RL	2C62RL	5C62RL	2W30RL	2C64RL	5C64RL
Departs From						12†35 London Liverpool							
Timing Type		315 SO;G	315 SO;G	315 SO;G	315 SO;GS	315 SO;G	315 SO;G	315 SO;G	315 SO;G	315 SO;G	315 SO;GS	315 SO;G	315 SO;G
Days Run		Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ
Oper Char Symbols		Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ
London Liverpool St	Dep	12.32	12†35	12.40	12.47	13.02	13.10	13.17
	plt	17	16	..	15	..	16	..	17	..	15	16	..
	ln	EL	EL	EL	EL	EL	EL	EL
Bethnal Green	Arr	12/35	12/38	..	12/43	..	12/50	..	13/05	..	13/13	13/20	..
	ln
	mgn
Bow Jn	Arr	12/37	12/40	12/45	12/52	13/07	13/15	13/22
	ln
	mgn
Stratford	Arr	12.38½	12.46½	..	12.53½	..	13.08½	..	13.16½	13.23½	..
	plt	8	8	8	8	8	8	8
Stratford	Dep	12.39½	12/X42	..	12.47½	..	12.54½	..	13.09½	..	13.17½	13.24½	..
	ln	ML
Maryland	Dep	12.41	12.56	..	13.11	13.26	..
Forest Gate	Dep	12.43	12.58	13.13	13.28
	mgn
	ln
Forest Gate Jn	Arr	12/44	12/44	..	12/50	..	12/59	..	13/14	..	13/20	13/29	..
Manor Park	Dep	12.45	12/X45	13.00	13.15	13.30
	ln	..	IL
	mgn	(7)
Ilford	Arr	12.47½	12.52	←	13.02½	..	13.17½	..	13.22	13.32½	..
	Dep	12.48½	12/X55	12.53	12/X55	13.03½	13.18½	13.23	13.33½
	ln	..	↘	EL
	mgn
Ilford EMUD L/E Jn	Arr	12/56
Ilford EMUD	Dep	13†06
Seven Kings	Arr	12.51	12/X55½	..	13.06	13.21	13/X25½	13.36
	ln	ML	ML
Goodmayes	Dep	12.53	13.08	13.23	13.38
	mgn	[1]	[1]	[1]	[1]
Chadwell Heath	Arr	12.56	12†58	12a59	13.11	13†13	13.26	13†28	13a29	13.41	13†43
Chadwll Hth Md Sdg	Arr	13†00	13†15	..	13†30	13†45
	mgn
Romford	Arr	13.03	13.33
	ln
	mgn	[1]	[1]
Gidea Park	Arr	13.06	13.36
	Dep	13.06½	13.36½
	ln
Gidea Pk Mid Sdg	Arr
Gidea Pk CS	Arr
	Dep
Gidea Pk C/E Spur	Arr
Gidea Park Jn	ln
Harold Wood	Dep	13.09½	13.39½
	mgn
Brentwood	Dep	13.14	13.44
	mgn	[1]	[1]
Shenfield	Arr	13.19	13.49
	plt	1	1
Shenfield	Dep
Shenfield CS	Arr
To			Ilford EMUD										
Arrives			13†06										

Liverpool Street and Shenfield

Train ID		2C66RL	5V82RB	5C66RL	2W32RL	5V82RB	2C68RL	5C68RL	2C70RL	5C70RL	2W34RL	2C72RL	5C72RL
Departs From						13†35 London Liverpool							
Timing Type		315 SO;G	315 SO;G	315 SO;G	315 SO;GS	315 SO;G	315 SO;G	315 SO;G	315 SO;G	315 SO;G	315 SO;GS	315 SO;G	315 SO;G
Days Run		⊙	⊙	⊙	⊙	⊙	⊙	⊙	⊙	⊙	⊙	⊙	⊙
Oper Char Symbols													
London Liverpool St	Dep	13.32	13†35	13.40	13.47	14.02	14.10	14.17
	plt	17	16	..	15	..	16	..	17	..	15	16	..
	lne	EL	EL	EL	EL	EL	EL	EL
Bethnal Green	Arr	13/35	13/38	..	13/43	..	13/50	..	14/05	..	14/13	14/20	..
	lne
	mgn
Bow Jn	Arr	13/37	13/40	13/45	13/52	14/07	14/15	14/22
	lne
	mgn
Stratford	Arr	13.38½	13.46½	..	13.53½	..	14.08½	..	14.16½	14.23½	..
	plt	8	8	8	8	8	8	8
Stratford	Dep	13.39½	13/X42	..	13.47½	..	13.54½	..	14.09½	..	14.17½	14.24½	..
	lne	ML
Maryland	Dep	13.41	13.56	..	14.11	14.26	..
Forest Gate	Dep	13.43	13.58	14.13	14.28
	mgn
	lne
Forest Gate Jn	Arr	13/44	13/44	..	13/50	..	13/59	..	14/14	..	14/20	14/29	..
Manor Park	Dep	13.45	13/X45	14.00	14.15	14.30
	lne	..	IL
	mgn	(7)
Ilford	Arr	13.47½	13.52	←	14.02½	..	14.17½	..	14.22	14.32½	..
	Dep	13.48½	13/X55	13.53	13/X55	14.03½	14.18½	14.23	14.33½
	lne	..	↳	EL
	mgn
Ilford EMUD L/E Jn	Arr	13/56
Ilford EMUD	Dep	14†06
Seven Kings	Arr	13.51	13/X55½	..	14.06	14.21	14/X25½	14.36
	lne	ML	ML
Goodmayes	Dep	13.53	14.08	14.23	14.38
	mgn	[1]	[1]	..	[1]	[1]	..
Chadwell Heath	Arr	13.56	13†58	13a59	..	14.11	14†13	14.26	14†28	14a29	14.41	14†43
Chadwll Hth Md Sdg	Arr	14†00	14†15	..	14†30	14†45
	mgn
Romford	Arr	14.03	14.33
	lne
	mgn	[1]	[1]
Gidea Park	Arr	14.06	14.36
	Dep	14.06½	14.36½
	lne
Gidea Pk Mid Sdg	Arr
Gidea Pk CS	Arr
	Dep
Gidea Pk C/E Spur	Arr
Gidea Park Jn	lne
Harold Wood	Dep	14.09½	14.39½
	mgn
Brentwood	Dep	14.14	14.44
	mgn	[1]	[1]
Shenfield	Arr	14.19	14.49
	plt	1	1
Shenfield	Dep
Shenfield CS	Arr
To			Ilford EMUD										
Arrives			14†06										

Liverpool Street and Shenfield

Train ID		2C74RL	5C74RL	2W36RL	2C76RL	5C76RL	2C78RL	5C78RL	2W38RL	2C80RL	5C80RL	2C82RL	5C82RL
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G
Oper Char Symbols		Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ
London Liverpool St	Dep	14.32	..	14.40	14.47	15.02	15.10	15.17	15.32
	plt	17	..	15	16	17	..	15	16	..	17	..
	lne	EL	EL	EL	EL	EL	EL	EL
Bethnal Green	Arr	14/35	..	14/43	14/50	15/05	15/13	15/20	..	15/35	..
	lne
	mgn
Bow Jn	Arr	14/37	14/45	14/52	15/07	15/15	15/22	15/37
	lne
	mgn
Stratford	Arr	14.38½	..	14.46½	14.53½	15.08½	15.16½	15.23½	15.38½	..
	plt	8	8	8	8	8	8	8
Stratford	Dep	14.39½	..	14.47½	14.54½	..	15.09½	..	15.17½	15.24½	..	15.39½	..
	lne
Maryland	Dep	14.41	14.56	..	15.11	15.26	..	15.41	..
Forest Gate	Dep	14.43	14.58	15.13	15.28	15.43
	mgn
	lne
Forest Gate Jn	Arr	14/44	..	14/50	14/59	..	15/14	..	15/20	15/29	..	15/44	..
Manor Park	Dep	14.45	15.00	15.15	15.30	15.45
	lne
	mgn
Ilford	Arr	14.47½	..	14.52	15.02½	15.17½	15.22	15.32½	15.47½	..
	Dep	14.48½	14.53	15.03½	15.18½	15.23	15.33½	15.48½
	lne
	mgn
Ilford EMUD L/E Jn	Arr
Ilford EMUD	Dep
Seven Kings	Arr	14.51	14/X55½	15.06	15.21	15/X25½	15.36	15.51
	lne	ML	ML
Goodmayes	Dep	14.53	15.08	15.23	15.38	15.53
	mgn	[1]	[1]	[1]	[1]	[1]
Chadwell Heath	Arr	14.56	14†58	14a59	15.11	15†13	15.26	15†28	15a29	15.41	15†43	15.56	15†58
Chadwl Hth Md Sdg	Arr	..	15†00	15†15	..	15†30	15†45	..	16†00
	mgn
Romford	Arr	15.03	15.33
	lne
	mgn	[1]	[1]
Gidea Park	Arr	15.06	15.36
	Dep	15.06½	15.36½
	lne
Gidea Pk Mid Sdg	Arr
Gidea Pk CS	Arr
	Dep
Gidea Pk C/E Spur	Arr
Gidea Park Jn	Arr
	lne
Harold Wood	Dep	15.09½	15.39½
	mgn
Brentwood	Dep	15.14	15.44
	mgn	[1]	[1]
Shenfield	Arr	15.19	15.49
	plt	1	1
Shenfield	Dep
Shenfield CS	Arr
To													
Arrives													

Liverpool Street and Shenfield

Train ID		2W40RL	2C84RL	5C84RL	2C86RL	5C86RL	2W42RL	2C88RL	5C88RL	2C90RL	5C90RL	2W44RL	2C92RL
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G
Oper Char Symbols		Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ
London Liverpool St	Dep	15.40	15.47	16.02	16.10	16.17	16.32	16.40	16.47
	plt	15	16	..	17	..	15	16	..	17	..	15	16
	line	EL	EL	EL	EL	EL	EL	EL	EL
Bethnal Green	Arr	15/43	15/50	..	16/05	..	16/13	16/20	..	16/35	..	16/43	16/50
	line
	mgn
Bow Jn	Arr	15/45	15/52	16/07	16/15	16/22	16/37	16/45	16/52
	line
	mgn
Stratford	Arr	15.46½	15.53½	..	16.08½	..	16.16½	16.23½	..	16.38½	..	16.46½	16.53½
	plt	8	8	8	8	8	8	8	8
Stratford	Dep	15.47½	15.54½	..	16.09½	..	16.17½	16.24½	..	16.39½	..	16.47½	16.54½
	line
Maryland	Dep	..	15.56	..	16.11	16.26	..	16.41	16.56
Forest Gate	Dep	15.58	16.13	16.28	16.43	16.58
	mgn
	line
Forest Gate Jn	Arr	15/50	15/59	..	16/14	..	16/20	16/29	..	16/44	..	16/50	16/59
Manor Park	Dep	16.00	16.15	16.30	16.45	17.00
	line
	mgn
Ilford	Arr	15.52	16.02½	..	16.17½	..	16.22	16.32½	..	16.47½	..	16.52	17.02½
	Dep	15.53	16.03½	16.18½	16.23	16.33½	16.48½	16.53	17.03½
	line
	mgn
Ilford EMUD L/E Jn	Arr
Ilford EMUD	Dep
Seven Kings	Arr	15/X55½	16.06	16.21	16/X25½	16.36	16.51	16/X55½	17.06
	line	ML	ML	ML	..
Goodmayes	Dep	16.08	16.23	16.38	16.53	17.08
	mgn	..	[1]	..	[1]	[1]	..	[1]	[1]
Chadwell Heath	Arr	15a59	16.11	16†13	16.26	16†28	16a29	16.41	16†43	16.56	16†58	16a59	17.11
Chadwl Hth Md Sdg	Arr	16†15	..	16†30	16†45	..	17†00
	mgn
Romford	Arr	16.03	16.33	17.03	..
	line
	mgn	[1]	[1]	[1]	..
Gidea Park	Arr	16.06	16.36	17.06
	Dep	16.06½	16.36½	17.06½	..
	line
Gidea Pk Mid Sdg	Arr
Gidea Pk CS	Arr
	Dep
Gidea Pk C/E Spur	Arr
Gidea Park Jn	Arr
	line
Harold Wood	Dep	16.09½	16.39½	17.09½	..
	mgn
Brentwood	Dep	16.14	16.44	17.14	..
	mgn	[1]	[1]	[1]
Shenfield	Arr	16.19	16.49	17.19	..
	plt	1	1	1
Shenfield	Dep
Shenfield CS	Arr
To													
Arrives													

Liverpool Street and Shenfield

Train ID		5C92RL	2C94RL	5C94RL	2W46RL	2C96RL	5C96RL	2C98RL	5C98RL	2W48RL	2C00RM	5C00RM	2C02RM
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G
Oper Char Symbols		Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ
London Liverpool St	Dep	...	17.02	17.10	17.17	17.32	17.40	17.47	18.02
	plt	..	17	..	15	16	..	17	..	15	16	..	17
	lne	EL	EL	EL	EL	EL	EL	EL
Bethnal Green	Arr	..	<i>17/05</i>	..	<i>17/13</i>	<i>17/20</i>	..	<i>17/35</i>	..	<i>17/43</i>	<i>17/50</i>	..	<i>18/05</i>
	lne
	mgn
Bow Jn	Arr	..	<i>17/07</i>	..	<i>17/15</i>	<i>17/22</i>	..	<i>17/37</i>	..	<i>17/45</i>	<i>17/52</i>	..	<i>18/07</i>
	lne
	mgn
Stratford	Arr	..	17.08½	..	17.16½	17.23½	..	17.38½	..	17.46½	17.53½	..	18.08½
	plt	8	8	8	8	8	8	8
Stratford	Dep	..	17.09½	..	17.17½	17.24½	..	17.39½	..	17.47½	17.54½	..	18.09½
	lne
Maryland	Dep	..	17.11	17.26	..	17.41	17.56	..	18.11
Forest Gate	Dep	..	17.13	17.28	..	17.43	17.58	..	18.13
	mgn
	lne
Forest Gate Jn	Arr	..	<i>17/14</i>	..	<i>17/20</i>	<i>17/29</i>	..	<i>17/44</i>	..	<i>17/50</i>	<i>17/59</i>	..	<i>18/14</i>
Manor Park	Dep	..	17.15	17.30	..	17.45	18.00	..	18.15
	lne
	mgn
Ilford	Arr	..	17.17½	..	17.22	17.32½	..	17.47½	..	17.52	18.02½	..	18.17½
	Dep	..	17.18½	..	17.23	17.33½	..	17.48½	..	17.53	18.03½	..	18.18½
	lne
	mgn
Ilford EMUD L/E Jn	Arr
Ilford EMUD	Dep
Seven Kings	Arr	..	17.21	..	<i>17/X25½</i>	17.36	..	17.51	..	<i>17/X55½</i>	18.06	..	18.21
	lne	ML	ML
Goodmayes	Dep	..	17.23	17.38	..	17.53	18.08	..	18.23
	mgn	..	[1]	[1]	..	[1]	[1]	..	[1]
Chadwell Heath	Arr	17†13	17.26	17†28	17a29	17.41	17†43	17.56	17†58	17a59	18.11	18†13	18.26
Chadwl Hth Md Sdg	Arr	17†15	..	17†30	17†45	..	18†00	18†15	..
	mgn
Romford	Arr	17.33	18.03
	lne
	mgn	[1]	[1]
Gidea Park	Arr	17.36	18.06
	Dep	17.36½	18.06½
	lne
Gidea Pk Mid Sdg	Arr
Gidea Pk CS	Arr
	Dep
Gidea Pk C/E Spur	Arr
Gidea Park Jn	Arr
	lne
Harold Wood	Dep	17.39½	18.09½
	mgn
Brentwood	Dep	17.44	18.14
	mgn	[1]	[1]
Shenfield	Arr	17.49	18.19
	plt	1	1
Shenfield	Dep
Shenfield CS	Arr
To													
Arrives													

Liverpool Street and Shenfield

Train ID		5C02RM	2W50RL	2C04RM	5C04RM	2C06RM	5C06RM	2W52RL	2C08RM	5C08RM	2C10RM	5V84RB	5C10RM
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;G
Oper Char Symbols		Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ
London Liverpool St	Dep	...	18.10	18.17	18.32	18.40	18.47	19.02	19.05
	plt	..	15	16	..	17	..	15	16	..	17	16	..
	lne	EL	EL	EL	EL	EL	EL	EL
Bethnal Green	Arr	..	<i>18/13</i>	<i>18/20</i>	..	<i>18/35</i>	..	<i>18/43</i>	<i>18/50</i>	..	<i>19/05</i>	<i>19/08</i>	..
	lne
	mgn
Bow Jn	Arr	<i>18/15</i>	<i>18/22</i>	<i>18/37</i>	<i>18/45</i>	<i>18/52</i>	<i>19/07</i>	<i>19/10</i>
	lne
	mgn
Stratford	Arr	..	18.16½	18.23½	18.38½	18.46½	18.53½	19.08½
	plt	8	8	8	8	8	8	8
Stratford	Dep	..	18.17½	18.24½	..	18.39½	..	18.47½	18.54½	..	19.09½	<i>19/X12</i>	..
	lne	ML
Maryland	Dep	18.26	..	18.41	18.56	..	19.11
Forest Gate	Dep	18.28	18.43	18.58	19.13
	mgn
	lne
Forest Gate Jn	Arr	..	<i>18/20</i>	<i>18/29</i>	..	<i>18/44</i>	..	<i>18/50</i>	<i>18/59</i>	..	<i>19/14</i>	<i>19/14</i>	..
Manor Park	Dep	18.30	18.45	19.00	19.15	<i>19/X15</i>
	lne	IL	..
	mgn	(7)
Ilford	Arr	..	18.22	18.32½	..	18.47½	..	18.52	19.02½	..	19.17½
	Dep	18.23	18.33½	18.48½	18.53	19.03½	19.18½	<i>19/X25</i>
	lne	↳	..
	mgn
Ilford EMUD L/E Jn	Arr
Ilford EMUD	Dep
Seven Kings	Arr	<i>18/X25½</i>	18.36	18.51	<i>18/X55½</i>	19.06	19.21
	lne	..	ML	ML
Goodmayes	Dep	18.38	18.53	19.08	19.23
	mgn	[1]	[1]	[1]	[1]
Chadwell Heath	Arr	18†28	18a29	18.41	18†43	18.56	18†58	18a59	19.11	19†13	19.26	19†28
Chadwll Hth Md Sdg	Arr	18†30	18†45	..	19†00	19†15	19†30
	mgn
Romford	Arr	..	18.33	19.03
	lne
	mgn	..	[1]	[1]
Gidea Park	Arr	18.36	19.06
	Dep	..	18.36½	19.06½
	lne
Gidea Pk Mid Sdg	Arr
Gidea Pk CS	Arr
	Dep
Gidea Pk C/E Spur	Arr
Gidea Park Jn	lne
Harold Wood	Dep	..	18.39½	19.09½
	mgn
Brentwood	Dep	..	18.44	19.14
	mgn	[1]	[1]
Shenfield	Arr	..	18.49	19.19
	plt	1	1
Shenfield	Dep
Shenfield CS	Arr
To												Ilford	
Arrives												EMUD	
												19†36	

Liverpool Street and Shenfield

Train ID		2W54RL	5V84RB	2C12RM	5C12RM	2C14RM	5C14RM	2W56RL	2C16RM	5C16RM	2C18RM	5C18RM	2W58RL
Departs From			19†05 London Liverpool										
Timing Type		315 SO;GS	315 SO;G	315 SO;G	315 SO;G	315 SO;G	315 SO;G	315 SO;GS	315 SO;G	315 SO;G	315 SO;G	315 SO;G	315 SO;GS
Days Run		⊙	⊙	⊙	⊙	⊙	⊙	⊙	⊙	⊙	⊙	⊙	⊙
Oper Char Symbols													
London Liverpool St	Dep	19.10	19.17	19.32	19.40	19.47	20.02	20.10
	plt	15	..	16	..	17	..	15	16	..	17	..	15
	lne	EL	EL	EL	EL	EL	EL	EL
Bethnal Green	Arr	19/13	..	19/20	..	19/35	..	19/43	19/50	..	20/05	..	20/13
	lne
	mgn
Bow Jn	Arr	19/15	19/22	19/37	19/45	19/52	20/07	20/15
	lne
	mgn
Stratford	Arr	19.16½	19.23½	19.38½	19.46½	19.53½	20.08½	20.16½
	plt	8	8	8	8	8	8	8
Stratford	Dep	19.17½	..	19.24½	..	19.39½	..	19.47½	19.54½	..	20.09½	..	20.17½
	lne
Maryland	Dep	19.26	..	19.41	19.56	..	20.11
Forest Gate	Dep	19.28	19.43	19.58	20.13
	mgn
	lne
Forest Gate Jn	Arr	19/20	..	19/29	..	19/44	..	19/50	19/59	..	20/14	..	20/20
Manor Park	Dep	19.30	19.45	20.00	20.15
	lne
	mgn
Ilford	Arr	19.22	↔	19.32½	..	19.47½	..	19.52	20.02½	..	20.17½	..	20.22
	Dep	19.23	19/X25	19.33½	19.48½	19.53	20.03½	20.18½	20.23
	lne	..	EL
	mgn
Ilford EMUD L/E Jn	Arr	..	19/26
Ilford EMUD	Dep	19†36
	lne
Seven Kings	Arr	19/X25½	19.36	19.51	19/X55½	20.06	20.21	20/X25½
	lne	ML	ML	ML
Goodmayes	Dep	19.38	19.53	20.08	20.23
	mgn	[1]	..	[1]	[1]	..	[1]
Chadwell Heath	Arr	19a29	19.41	19†43	19.56	19†58	19a59	20.11	20†13	20.26	20†28	20a29
Chadwl Hth Md Sdg	Arr	19†45	..	20†00	20†15	..	20†30	..
	mgn
Romford	Arr	19.33	20.03	20.33
	lne
	mgn	[1]	[1]	[1]
Gidea Park	Arr	19.36	20.06	20.36
	Dep	19.36½	20.06½	20.36½
	lne
Gidea Pk Mid Sdg	Arr
Gidea Pk CS	Arr
	Dep
Gidea Pk C/E Spur	Arr
Gidea Park Jn	lne
Harold Wood	Dep	19.39½	20.09½	20.39½
	mgn
Brentwood	Dep	19.44	20.14	20.44
	mgn	[1]	[1]	[1]
Shenfield	Arr	19.49	20.19	20.49
	plt	1	1	1
Shenfield	Dep
Shenfield CS	Arr
To													
Arrives													

Liverpool Street and Shenfield

Train ID		2C20RM	5C20RM	2C22RM	5C22RM	2W60RL	2C24RM	5C24RM	2C26RM	5C26RM	2W62RL	2C28RM	5C28RM
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G
Oper Char Symbols		Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ
London Liverpool St	Dep	20.17	...	20.32	20.40	20.47	21.02	21.10	21.17
	plt	16	..	17	..	15	16	..	17	..	15	16	..
	lne	EL	EL	EL	EL	EL	EL	EL
Bethnal Green	Arr	20/20	..	20/35	..	20/43	20/50	..	21/05	..	21/13	21/20	..
	lne
	mgn
Bow Jn	Arr	20/22	20/37	20/45	20/52	21/07	21/15	21/22
	lne
	mgn
Stratford	Arr	20.23½	..	20.38½	..	20.46½	20.53½	..	21.08½	..	21.16½	21.23½	..
	plt	8	8	8	8	8	8	8
Stratford	Dep	20.24½	..	20.39½	..	20.47½	20.54½	..	21.09½	..	21.17½	21.24½	..
	lne
Maryland	Dep	20.26	..	20.41	20.56	..	21.11	21.26	..
Forest Gate	Dep	20.28	20.43	20.58	21.13	21.28
	mgn
	lne
Forest Gate Jn	Arr	20/29	..	20/44	..	20/50	20/59	..	21/14	..	21/20	21/29	..
Manor Park	Dep	20.30	20.45	21.00	21.15	21.30
	lne
	mgn
Ilford	Arr	20.32½	..	20.47½	..	20.52	21.02½	..	21.17½	..	21.22	21.32½	..
	Dep	20.33½	20.48½	20.53	21.03½	21.18½	21.23	21.33½
	lne
	mgn
Ilford EMUD L/E Jn	Arr
Ilford EMUD	Dep
Seven Kings	Arr	20.36	20.51	20/X55½	21.06	21.21	21/X25½	21.36
	lne	ML	ML
Goodmayes	Dep	20.38	20.53	21.08	21.23	21.38
	mgn	[1]	[1]	[1]	[1]	[1]
Chadwell Heath	Arr	20.41	20†43	20.56	20†58	20a59	21.11	21†13	21.26	21†28	21a29	21.41	21†43
Chadwl Hth Md Sdg	Arr	..	20†45	21†00	21†00	21†15	..	21†30	21†45
	mgn
Romford	Arr	21.03	21.33
	lne
	mgn	[1]	[1]
Gidea Park	Arr	21.06	21.36
	Dep	21.06½	21.36½
	lne
Gidea Pk Mid Sdg	Arr
Gidea Pk CS	Arr
	Dep
Gidea Pk C/E Spur	Arr
Gidea Park Jn	lne
Harold Wood	Dep	21.09½	21.39½
	mgn
Brentwood	Dep	21.14	21.44
	mgn	[1]	[1]
Shenfield	Arr	21.19	21.49
	plt	1	1
Shenfield	Dep
Shenfield CS	Arr
To													
Arrives													

Liverpool Street and Shenfield

Train ID		2C30RM	5C30RM	2W64RL	2C32RM	5C32RM	2C34RM	5C34RM	2W66RL	2C36RM	5C36RM	2C38RM	5C38RM
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G
Oper Char Symbols		Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ
London Liverpool St	Dep	21.32	..	21.40	21.47	22.02	22.10	22.17	22.32
	plt	17	..	15	16	..	17	..	15	16	..	17	..
	line	EL	EL	EL	EL	EL	EL	EL
Bethnal Green	Arr	21/35	..	21/43	21/50	..	22/05	..	22/13	22/20	..	22/35	..
	line
	mgn
Bow Jn	Arr	21/37	21/45	21/52	22/07	22/15	22/22	22/37
	line
	mgn
Stratford	Arr	21.38½	..	21.46½	21.53½	..	22.08½	..	22.16½	22.23½	..	22.38½	..
	plt	8	8	8	8	8	8	8
Stratford	Dep	21.39½	..	21.47½	21.54½	..	22.09½	..	22.17½	22.24½	..	22.39½	..
	line
Maryland	Dep	21.41	21.56	..	22.11	22.26	..	22.41	..
Forest Gate	Dep	21.43	21.58	22.13	22.28	22.43
	mgn
	line
Forest Gate Jn	Arr	21/44	..	21/50	21/59	..	22/14	..	22/20	22/29	..	22/44	..
Manor Park	Dep	21.45	22.00	22.15	22.30	22.45
	line
	mgn
Ilford	Arr	21.47½	..	21.52	22.02½	..	22.17½	..	22.22	22.32½	..	22.47½	..
	Dep	21.48½	21.53	22.03½	22.18½	22.23	22.33½	22.48½
	line
	mgn
Ilford EMUD L/E Jn	Arr
Ilford EMUD	Dep
Seven Kings	Arr	21.51	21/X55½	22.06	22.21	22/X25½	22.36	22.51
	line	ML	ML
Goodmayes	Dep	21.53	22.08	22.23	22.38	22.53
	mgn	[1]	[1]	[1]	[1]	[1]
Chadwell Heath	Arr	21.56	21†58	21a59	22†11	22†13	22.26	22†28	22a29	22.41	22†43	22.56	22†58
Chadwll Hth Md Sdg	Arr	..	22†00	22†15	..	22†30	22†45	..	23†00
	mgn
Romford	Arr	22.03	22.33
	line
	mgn	[1]	[1]
Gidea Park	Arr	22.06	22.36
	Dep	22.06½	22.36½
	line
Gidea Pk Mid Sdg	Arr
Gidea Pk CS	Arr
	Dep
Gidea Pk C/E Spur	Arr
Gidea Park Jn	Arr
	line
Harold Wood	Dep	22.09½	22.39½
	mgn
Brentwood	Dep	22.14	22.44
	mgn	[1]	[1]
Shenfield	Arr	22.19	22.49
	plt	1	1
Shenfield	Dep
Shenfield CS	Arr
To													
Arrives													

Liverpool Street and Shenfield

Train ID		2W68RL	2C40RM	5C40RM	2C42RM	5C42RM	2W70RL	2C44RM	5C44RM	2C46RM	5C46RM	5W70RL	2W72RL
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;GS
Oper Char Symbols		⊙	⊙	⊙	⊙	⊙	⊙	⊙	⊙	⊙	⊙	⊙	⊙
London Liverpool St	Dep	22.40	22.47	23.02	23.10	23.17	23.32	23.40
	plt	15	16	..	17	..	15	16	..	17	15
	lne	EL	EL	EL	EL	EL	EL	EL
Bethnal Green	Arr	22/43	22/50	..	23/05	..	23/13	23/20	..	23/35	23/43
	lne
	mgn
Bow Jn	Arr	22/45	22/52	23/07	23/15	23/22	23/37	23/45
	lne
	mgn
Stratford	Arr	22.46½	22.53½	23.08½	..	23.16½	23.23½	..	23.38½	23.46½
	plt	8	8	8	8	8	8	8
Stratford	Dep	22.47½	22.54½	..	23.09½	..	23.17½	23.24½	..	23.39½	23.47½
	lne
Maryland	Dep	..	22.56	..	23.11	23.26	..	23.41
Forest Gate	Dep	22.58	23.13	23.28	23.43
	mgn
	lne
Forest Gate Jn	Arr	22/50	22/59	..	23/14	..	23/20	23/29	..	23/44	23/50
Manor Park	Dep	23.00	23.15	23.30	23.45
	lne
	mgn
Ilford	Arr	22.52	23.02½	23.17½	23.22	23.32½	..	23.47½	23.52
	Dep	22.53	23.03½	23.18½	23.23	23.33½	23.48½	23.53
	lne
	mgn
Ilford EMUD L/E Jn	Arr
Ilford EMUD	Dep
Seven Kings	Arr	22/X55½	23.06	23.21	23/X25½	23.36	23.51	23/X55½
	lne	ML	ML	ML
Goodmayes	Dep	23.08	23.23	23.38	23.53
	mgn	..	[1]	..	[1]	[1]	..	[1]
Chadwell Heath	Arr	22a59	23.11	23†13	23.26	23†28	23a29	23.41	23†43	23.56	23†58	23a59
Chadwl Hth Md Sdg	Arr	23†15	..	23†30	23†45	..	24†00
	mgn
Romford	Arr	23.03	23.33	00.03
	lne
	mgn	[1]	[1]	[1]
Gidea Park	Arr	23.06	23.36	00.06
	Dep	23.06½	23.36½	00.06½
	lne
Gidea Pk Mid Sdg	Arr
Gidea Pk CS	Arr
	Dep
Gidea Pk C/E Spur	Arr
Gidea Park Jn	lne
Harold Wood	Dep	23.09½	23.39½	00.09½
	mgn
Brentwood	Dep	23.14	23.44	00.14
	mgn	[1]	[1]	[1]
Shenfield	Arr	23.19	23.49	00.19
	plt	1	4	4	6
Shenfield	Dep	23†50	..
Shenfield CS	Arr	23†52
To													
Arrives													

Liverpool Street and Shenfield

Train ID		2C48RM	5C48RM	5V86RL	2C50RM	5C50RM	2W22RH	5V88RL	2C52RM	5C52RM	2W32RH
Departs From											
Timing Type		315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	Sun;G	SO;GS	Sun;G	Sun;G	Sun;G	Sun;G	Sun;G	Sun;G	Sun;G
Oper Char Symbols		Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ
London Liverpool St	Dep	23.47	...	23†53	00.02	...	00.20	00†23	00.32	...	00.55
	plt	16	...	15	17	...	16	15	17	...	16
	lne	EL	...	EL	EL	...	EL	EL	EL	...	EL
Bethnal Green	Arr	23/50	...	23/56	00/05	...	00/23	00/26	00/35	...	00/58
	lne
	mgn
Bow Jn	Arr	23/52	...	23/58	00/07	...	00/25	00/28	00/37	...	01/00
	lne
	mgn
Stratford	Arr	23.53½	00.08½	...	00.27	...	00.38½	...	01.01½
	plt	8	...	8	8	...	8	8	8	...	8
Stratford	Dep	23.54½	...	24/00	00.09½	...	00.27½	00/30	00.39½	...	01.02½
	lne
Maryland	Dep	23.56	00.11	...	00.29	...	00.41	...	01.04
Forest Gate	Dep	23.58	00.13	...	00.31	...	00.43	...	01.06
	mgn	(2)
	lne
Forest Gate Jn	Arr	23/59	...	00/02	00/14	...	00/32	00/34	00/44	...	01/07
Manor Park	Dep	24.00	00.15	...	00.33	...	00.45	...	01.08
	lne
	mgn	(2)	(2)
Ilford	Arr	00.02½	00.17½	...	00.35½	...	00.47½	...	01.10½
	Dep	00.03½	...	00/06	00.18½	...	00.36	00/38	00.48½	...	01.11
	lne
	mgn
Ilford EMUD L/E Jn	Arr	00/07	00/39
Ilford EMUD	Dep	00†17	00†49
	lne
Seven Kings	Arr	00.06	00.21	...	00X38½	...	00.51	...	01X13½
	lne	ML	ML
Goodmayes	Dep	00.08	00.23	...	00.40½	...	00.53	...	01.15½
	mgn	[1]	[1]	[1]
Chadwell Heath	Arr	00.11	00†13	...	00.26	00†28	00.42½	...	00.56	00†58	01.17½
Chadwl Hth Md Sdg	Dep	...	00†15	00†30	01†00	...
	mgn
Romford	Arr	00.46½	01.21½
	lne
	mgn	[1]	[1]
Gidea Park	Arr	00.49½	01.24½
	Dep	00.50	01.25
	lne
Gidea Pk Mid Sdg	Arr
Gidea Pk CS	Dep
	lne
Gidea Pk C/E Spur	Arr
Gidea Park Jn	Dep
	lne
Harold Wood	Dep	00.53	01.28
	mgn
Brentwood	Dep	00.57½	01.32½
	mgn	[2]	[2]
Shenfield	Arr	01w03	01w38
	plt	5	1
Shenfield	Dep
Shenfield CS	Arr
To											
Arrives											

Liverpool Street and Shenfield

Footnotes

General Notes

Dated Trains run as follows:

:G : Gidea Park CS Blockade

2C50RM[Sun]	5C48RM[Sun]	2W22RH[Sun]	5V88RL[Sun]	5C50RM[Sun]
2C52RM[Sun]	2W32RH[Sun]	5C52RM[Sun]	2C00RL[SO]	3C01RB[SO]
5C00RL[SO]	2C04RL[SO]	3C05RB[SO]	2C06RL[SO]	5C04RL[SO]
2C08RL[SO]	5C06RL[SO]	2C10RL[SO]	5C08RL[SO]	2C12RL[SO]
5C10RL[SO]	2C14RL[SO]	5C12RL[SO]	2C16RL[SO]	5C14RL[SO]
2C18RL[SO]	5C16RL[SO]	2C20RL[SO]	5C18RL[SO]	2C22RL[SO]
5C20RL[SO]	2C24RL[SO]	5C22RL[SO]	2C26RL[SO]	5C24RL[SO]
2C28RL[SO]	5C26RL[SO]	2C30RL[SO]	5C28RL[SO]	2C32RL[SO]
5C30RL[SO]	2C34RL[SO]	5C32RL[SO]	2C36RL[SO]	5C34RL[SO]
2C38RL[SO]	5C36RL[SO]	2C40RL[SO]	5C38RL[SO]	2C42RL[SO]
5C40RL[SO]	2C44RL[SO]	5C42RL[SO]	2C46RL[SO]	5C44RL[SO]
2C48RL[SO]	5C46RL[SO]	2C50RL[SO]	5C48RL[SO]	2C52RL[SO]
5C50RL[SO]	2C54RL[SO]	5C52RL[SO]	2C56RL[SO]	5C54RL[SO]
2C58RL[SO]	5V80RB[SO]	5C56RL[SO]	2C60RL[SO]	5C58RL[SO]
2C62RL[SO]	5C60RL[SO]	2C64RL[SO]	5C62RL[SO]	2C66RL[SO]
5V82RB[SO]	5C64RL[SO]	2C68RL[SO]	5C66RL[SO]	2C70RL[SO]
5C68RL[SO]	2C72RL[SO]	5C70RL[SO]	2C74RL[SO]	5C72RL[SO]
2C76RL[SO]	5C74RL[SO]	2C78RL[SO]	5C76RL[SO]	2C80RL[SO]
5C78RL[SO]	2C82RL[SO]	5C80RL[SO]	2C84RL[SO]	5C82RL[SO]
2C86RL[SO]	5C84RL[SO]	2C88RL[SO]	5C86RL[SO]	2C90RL[SO]
5C88RL[SO]	2C92RL[SO]	5C90RL[SO]	2C94RL[SO]	5C92RL[SO]
2C96RL[SO]	5C94RL[SO]	2C98RL[SO]	5C96RL[SO]	2C00RM[SO]
5C98RL[SO]	2C02RM[SO]	5C00RM[SO]	2C04RM[SO]	5C02RM[SO]
2C06RM[SO]	5C04RM[SO]	2C08RM[SO]	5C06RM[SO]	2C10RM[SO]
5V84RB[SO]	5C08RM[SO]	2C12RM[SO]	5C10RM[SO]	2C14RM[SO]
5C12RM[SO]	2C16RM[SO]	5C14RM[SO]	2C18RM[SO]	5C16RM[SO]
2C20RM[SO]	5C18RM[SO]	2C22RM[SO]	5C20RM[SO]	2C24RM[SO]
5C22RM[SO]	2C26RM[SO]	5C24RM[SO]	2C28RM[SO]	5C26RM[SO]
2C30RM[SO]	5C28RM[SO]	2C32RM[SO]	5C30RM[SO]	2C34RM[SO]
5C32RM[SO]	2C36RM[SO]	5C34RM[SO]	2C38RM[SO]	5C36RM[SO]
2C40RM[SO]	5C38RM[SO]	2C42RM[SO]	5C40RM[SO]	2C44RM[SO]
5C42RM[SO]	2C46RM[SO]	5C44RM[SO]	2C48RM[SO]	5C46RM[SO]

:GS: Gidea Park CS Blockade (Shn)

2W00RL[SO]	2W02RL[SO]	2W04RL[SO]	2W06RL[SO]	2W08RL[SO]
2W10RL[SO]	2W12RL[SO]	2W14RL[SO]	2W16RL[SO]	2W18RL[SO]
2W20RL[SO]	2W22RL[SO]	2W24RL[SO]	2W26RL[SO]	2W28RL[SO]
2W30RL[SO]	2W32RL[SO]	2W34RL[SO]	2W36RL[SO]	2W38RL[SO]
2W40RL[SO]	2W42RL[SO]	2W44RL[SO]	2W46RL[SO]	2W48RL[SO]
2W50RL[SO]	2W52RL[SO]	2W54RL[SO]	2W56RL[SO]	2W58RL[SO]
2W60RL[SO]	2W62RL[SO]	2W64RL[SO]	2W66RL[SO]	2W68RL[SO]
2W70RL[SO]	2W72RL[SO]	5W70RL[SO]	5W86RL[SO]	

Shenfield and Liverpool Street

Train ID		2W01RB	5W00RL	2W03RB	5C01RL	5W02RL	2C01RL	5C03RL	2W05RL	5W07RL	2C03RL	5C05RL	2C05RL
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;GS	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;GS	SO;GS	SO;G	SO;G	SO;G
Oper Char Symbols		Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ
Shenfield CS	Dep	06†07
Shenfield	Arr	06†09
	plt	1	..	5	6	4
Shenfield	Dep	04.44	05.14	05.40
	Ine	ML	ML	ML
Brentwood	Dep	04.47½	05.17½	05.43½
Harold Wood	Dep	04.52	05.22	05.48
	mgn
Gidea Park Jn	Ine
Gidea Park CS	Dep
Gidea Pk C/E Spur	Arr
	Dep
Gidea Pk Mid Sdg	Dep
	mgn	[1]	[1]	[1]
Gidea Park	Arr	04.55½	..	05.25½	05.51½
	Dep	04.56	05.26	05.52
	Ine
	mgn
Romford	Dep	04.58½	..	05.28½	05.54½
	Ine
Chadwll Hth Md Sdg	Dep	05†37	05†52	06†07	..
Chadwell Heath	Dep	05.02½	05.32½	05†39	05.47	05†54	05.58½	06.02	06†09	06.17
	Ine	EL	EL	..	EL
	mgn
Goodmayes	Dep	05X04½	..	05X34½	05.49½	06.04½	..	06.19½
	Ine	EL	EL
	mgn
Seven Kings	Dep	05.06½	05.36½	05.51½	06.06½	06.21½
	mgn
Ilford EMUD	Arr
	Dep	..	05†02	05†39
	mgn
Ilford EMUD L/E Jn	Ine	..	05/10	05/47
	mgn	EL	EL
Ilford	Arr	05.08½	05.38½	05.53½	06.02	06.08½	06.23½
	Dep	05.09½	05/12	05.39½	..	05/48	05.54½	..	06X03	06.09½	06.24½
	Ine	IL
Aldrsbrk Sgnl 337/35	Arr
	Dep
Aldersbrook CS	mgn
Manor Park	Dep	05.12	..	05.42	05.57	..	06X04½	..	06.12	..	06.27
	Ine	EL
	mgn	(1)
Forest Gate Jn	Ine	05/13	05/15	05/43	05/50	05/58	06/05½	06/13	06/28
	mgn
Forest Gate	Dep	05.14½	..	05.44½	05.59½	06.14½	..	06.29½
	Ine
	mgn
Maryland	Dep	05.16½	05.46½	06.01½	06.16½	06.31½
	Ine
	mgn	(4)
Stratford	Arr	05.18	..	05.48	06.03	..	06.07½	06.18	06.33
	plt	5	5	5	5	5	5	5	5
Stratford	Dep	05.19	05/21	05.49	..	05/52	06.04	..	06.08½	..	06.19	06.34
	mgn	[1]	[1]	[1]	[1]	[1]	[1]	[1]	[1]
Bow Jn	Dep	05/21½	05/23½	05/51½	..	05/54½	06/06½	..	06/11	..	06/21½	..	06/36½
	Ine
	mgn
Bethnal Green	Dep	05/23½	05/25½	05/53½	05/56½	06/08½	06/13	06/23½	06/38½
	Ine
	mgn
London Liverpool St	Arr	05.27	05†29	05.57	..	06†00	06.12	..	06.16	..	06.27	..	06.42
	plt	16	15	16	15	17	15	16	17
To Arrives													

Shenfield and Liverpool Street

Train ID		5C07RL	2W07RL	2C07RL	5C09RL	2C09RL	5C11RL	2W09RL	2C11RL	5C13RL	2C13RL	5C15RL	2W11RL
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS
Oper Char Symbols		Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ
Shenfield CS	Dep
Shenfield	Arr
	plt	4	1	1
	Dep	06.10	06.40	07.10
	Ine	ML	ML	ML
Brentwood	Dep	06.13½	06.43½	07.13½
Harold Wood	Dep	06.18	06.48	07.18
	mgn
Gidea Park Jn	Ine
Gidea Park CS	Dep
Gidea Pk C/E Spur	Arr
	Dep
Gidea Pk Mid Sdg	Dep
	mgn	[1]	[1]	[1]
Gidea Park	Arr	06.21½	06.51½	07.21½
	Dep	06.22	06.52	07.22
	Ine
	mgn
Romford	Ine	06.24½	06.54½	07.24½
	Dep	06†22	06†37	06†52	07†07	07†22
Chadwell Hth Md Sdg	Dep	06†24	06.28½	06.32	06†39	06.47	06†54	06.58½	07.02	07†09	07.17	07†24	07.28½
	Ine	EL	EL	EL	EL
	mgn
Goodmayes	Dep	06.34½	06.49½	07.04½	07.19½
	Ine
	mgn
Seven Kings	Dep	06.36½	06.51½	07.06½	07.21½
	mgn
Ilford EMUD	Arr
	Dep
	mgn
Ilford EMUD L/E Jn	Ine
	mgn
Ilford	Arr	06.32	06.38½	06.53½	07.02	07.08½	07.23½	07.32
	Dep	06X33	06.39½	06.54½	07X03	07.09½	07.24½	07X33
	Ine	IL	IL	IL
Aldersbrk Sgnl 337/35	Arr
	Dep
Aldersbrook CS	Ine
	mgn
Manor Park	Dep	<i>06/X34½</i>	06.42	06.57	<i>07/X04½</i>	07.12	07.27	<i>07/X34½</i>
	Ine	EL	EL	EL
	mgn
Forest Gate Jn	Ine	<i>06/35½</i>	<i>06/43</i>	<i>06/58</i>	<i>07/05½</i>	<i>07/13</i>	<i>07/28</i>	<i>07/35½</i>
	mgn
Forest Gate	Ine	06.44½	06.59½	07.14½	07.29½
	mgn
Maryland	Ine	06.46½	07.01½	07.16½	07.31½
	mgn
Stratford	Arr	06.37½	06.48	07.03	07.07½	07.18	07.33	07.37½
	plt	5	5	5	5	5	5	5
Stratford	Dep	06.38½	06.49	07.04	07.08½	07.19	07.34	07.38½
	mgn	[1]	[1]	[1]	[1]	[1]	[1]	[1]
Bow Jn	Ine	<i>06/41</i>	<i>06/51½</i>	<i>07/06½</i>	<i>07/11</i>	<i>07/21½</i>	<i>07/36½</i>	<i>07/41</i>
	mgn
Bethnal Green	Ine	<i>06/43</i>	<i>06/53½</i>	<i>07/08½</i>	<i>07/13</i>	<i>07/23½</i>	<i>07/38½</i>	<i>07/43</i>
	mgn
London Liverpool St	Arr	06.46	06.57	07.12	07.16	07.27	07.42	07.46
	plt	15	16	17	15	16	17	15
To Arrives													

Shenfield and Liverpool Street

Train ID		2C15RL	5C17RL	2C17RL	5C19RL	2W13RL	2C19RL	5C21RL	2C21RL	5C23RL	2W15RL	2C23RL	5C25RL
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G
Oper Char Symbols		Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ
Shenfield CS	Dep
Shenfield	Arr
	plt	1	1
	Dep	07.40	08.10
	Ine	ML	ML
Brentwood	Dep	07.43½	08.13½
Harold Wood	Dep	07.48	08.18
	mgn
Gidea Park Jn	Dep
	Ine
Gidea Park CS	Dep
Gidea Pk C/E Spur	Arr
	Dep
Gidea Pk Mid Sdg	Dep
	mgn	[1]	[1]
Gidea Park	Arr	07.51½	08.21½
	Dep	07.52	08.22
	Ine
	mgn
Romford	Dep	07.54½	08.24½
	Ine
Chadwll Hth Md Sdg	Dep	..	07†37	..	07†52	08†07	..	08†22	08†37
Chadwell Heath	Dep	07.32	07†39	07.47	07†54	07.58½	08.02	08†09	08.17	08†24	08.28½	08.32	08†39
	Ine	EL	..	EL	EL	..	EL	EL	..
	mgn
Goodmayes	Dep	07.34½	..	07.49½	08.04½	..	08.19½	08.34½	..
	Ine
	mgn
Seven Kings	Dep	07.36½	07.51½	08.06½	08.21½	08.36½
	mgn
Ilford EMUD	Arr
	Dep
	mgn
Ilford EMUD L/E Jn	Dep
	Ine
	mgn
Ilford	Arr	07.38½	07.53½	08.02	08.08½	08.23½	08.32	08.38½
	Dep	07.39½	07.54½	08X03	08.09½	..	08.24½	..	08X33	08.39½	..
	Ine	IL	IL
Aldrsbrk Sgnl 337/35	Arr
	Dep
Aldersbrook CS	Dep
	mgn
Manor Park	Dep	07.42	..	07.57	..	08/X04½	08.12	..	08.27	..	08/X34½	08.42	..
	Ine	EL	EL
	mgn
Forest Gate Jn	Dep	07/43	07/58	08/05½	08/13	08/28	08/35½	08/43
	Ine
	mgn
Forest Gate	Dep	07.44½	..	07.59½	08.14½	..	08.29½	08.44½	..
	Ine
	mgn
Maryland	Dep	07.46½	08.01½	08.16½	08.31½	08.46½
	Ine
	mgn
Stratford	Arr	07.48	08.03	08.07½	08.18	..	08.33	..	08.37½	08.48	..
	plt	5	5	5	5	5	5	5
Stratford	Dep	07.49	..	08.04	..	08.08½	08.19	..	08.34	..	08.38½	08.49	..
	mgn	[1]	[1]	[1]	[1]	[1]	[1]	[1]
Bow Jn	Dep	07/51½	..	08/06½	..	08/11	08/21½	..	08/36½	..	08/41	08/51½	..
	Ine
	mgn
Bethnal Green	Dep	07/53½	08/08½	08/13	08/23½	08/38½	08/43	08/53½
	Ine
	mgn
London Liverpool St	Arr	07.57	..	08.12	..	08.16	08.27	..	08.42	..	08.46	08.57	..
	plt	16	17	15	16	17	15	16
To													
Arrives													

Shenfield and Liverpool Street

Train ID		2C25RL	5C27RL	2W17RL	2C27RL	5C29RL	2C29RL	5C31RL	2W19RL	2C31RL	5C33RL	2C33RL	5C35RL
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G
Oper Char Symbols		Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ
Shenfield CS	Dep
Shenfield	Arr
	plt	1	1
	Dep	08.40	09.10
	Ine	ML	ML
Brentwood	Dep	08.43½	09.13½
Harold Wood	Dep	08.48	09.18
	mgn
Gidea Park Jn	Ine
Gidea Park CS	Dep
Gidea Pk C/E Spur	Arr
	Dep
Gidea Pk Mid Sdg	Dep
	mgn	[1]	[1]
Gidea Park	Arr	08.51½	09.21½
	Dep	08.52	09.22
	Ine
	mgn	08.54½	09.24½
Romford	Ine
Chadwll Hth Md Sdg	Dep	..	08†52	09†07	..	09†22	..	09†37	..	09†52	..
Chadwell Heath	Dep	08.47	08†54	08.58½	09.02	09†09	09.17	09†24	09.28½	09.32	09†39	09.47	09†54
	Ine	EL	EL	..	EL	..	EL	..	EL
	mgn
Goodmayes	Dep	08.49½	09.04½	..	09.19½	..	09.34½	..	09.49½
	Ine
	mgn
Seven Kings	Dep	08.51½	09.06½	09.21½	09.36½	09.51½
	mgn
Ilford EMUD	Arr
	Dep
	mgn
Ilford EMUD L/E Jn	Ine
	mgn
Ilford	Arr	08.53½	09.02	09.08½	09.23½	09.32	09.38½	09.53½
	Dep	08.54½	..	09X03	09.09½	..	09.24½	..	09X33	09.39½	..	09.54½	..
	Ine	IL	IL
Aldrsbrk Sgnl 337/35	Arr
	Dep
Aldersbrook CS	mgn
Manor Park	Dep	08.57	..	09/X04½	09.12	..	09.27	..	09/X34½	09.42	..	09.57	..
	Ine	EL	EL
	mgn
Forest Gate Jn	Ine	08/58	09/05½	09/13	09/28	09/35½	09/43	09/58
	mgn
Forest Gate	Dep	08.59½	09.14½	..	09.29½	..	09.44½	..	09.59½
	Ine
	mgn
Maryland	Dep	09.01½	09.16½	09.31½	09.46½	10.01½
	Ine
	mgn
Stratford	Arr	09.03	09.07½	09.18	..	09.33	..	09.37½	09.48	10.03
	plt	5	5	5	5	5	5	5
Stratford	Dep	09.04	09.08½	09.19	..	09.34	..	09.38½	09.49	10.04	..
	mgn	[1]	[1]	[1]	[1]	[1]	[1]	[1]
Bow Jn	Dep	09/06½	..	09/11	09/21½	..	09/36½	..	09/41	09/51½	..	10/06½	..
	Ine
	mgn
Bethnal Green	Dep	09/08½	09/13	09/23½	09/38½	09/43	09/53½	10/08½
	Ine
	mgn
London Liverpool St	Arr	09.12	..	09.16	09.27	..	09.42	..	09.46	09.57	..	10.12	..
	plt	17	15	16	17	15	16	17
To Arrives													

Shenfield and Liverpool Street

Train ID		2W21RL	2C35RL	5C37RL	2C37RL	5C39RL	2W23RL	2C39RL	5C41RL	2C41RL	5C43RL	2W25RL	2C43RL
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G
Oper Char Symbols		Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ
Shenfield CS	Dep
Shenfield	Arr
	plt	1	1	1	..
	Dep	09.40	10.10	10.40	..
	Ine	ML	ML	ML	..
Brentwood	Dep	09.43½	10.13½	10.43½	..
Harold Wood	Dep	09.48	10.18	10.48	..
	mgn
Gidea Park Jn	
	Ine
Gidea Park CS	Dep
Gidea Pk C/E Spur	Arr
	Dep
Gidea Pk Mid Sdg	Dep
	mgn	[1]	[1]	[1]	..
Gidea Park	Arr	09.51½	10.21½	10.51½	..
	Dep	09.52	10.22	10.52	..
	Ine
	mgn
Romford		09.54½	10.24½	10.54½	..
	Ine
Chadwll Hth Md Sdg	Dep	10†07	..	10†22	..	10†37	..	10†52
Chadwell Heath	Dep	09.58½	10.02	10†09	10.17	10†24	10.28½	10.32	10†39	10.47	10†54	10.58½	11.02
	Ine	..	EL	..	EL	EL	..	EL	EL
	mgn
Goodmayes	Dep	..	10.04½	..	10.19½	10.34½	..	10.49½	11.04½
	Ine
	mgn
Seven Kings	Dep	..	10.06½	..	10.21½	10.36½	..	10.51½	11.06½
	mgn
Ilford EMUD	Arr
	Dep
	mgn
Ilford EMUD L/E Jn	
	Ine
	mgn
Ilford	Arr	10.02	10.08½	..	10.23½	..	10.32	10.38½	..	10.53½	..	11.02	11.08½
	Dep	10X03	10.09½	..	10.24½	..	10X33	10.39½	..	10.54½	..	11X03	11.09½
	Ine	IL	IL	IL	..
Aldrsbrk Sgnl 337/35	Arr
	Dep
Aldersbrook CS	
	mgn
Manor Park	Dep	10/X04½	10.12	..	10.27	..	10/X34½	10.42	..	10.57	..	11/X04½	11.12
	Ine	EL	EL	EL	..
	mgn
Forest Gate Jn		10/05½	10/13	..	10/28	..	10/35½	10/43	..	10/58	..	11/05½	11/13
	Ine
	mgn
Forest Gate		..	10.14½	..	10.29½	10.44½	..	10.59½	11.14½
	Ine
	mgn
Maryland		..	10.16½	..	10.31½	10.46½	..	11.01½	11.16½
	Ine
	mgn
Stratford	Arr	10.07½	10.18	..	10.33	..	10.37½	10.48	..	11.03	..	11.07½	11.18
	plt	5	5	..	5	..	5	5	..	5	..	5	5
Stratford	Dep	10.08½	10.19	..	10.34	..	10.38½	10.49	..	11.04	..	11.08½	11.19
	mgn	[1]	[1]	..	[1]	..	[1]	[1]	..	[1]	..	[1]	[1]
Bow Jn		10/11	10/21½	..	10/36½	..	10/41	10/51½	..	11/06½	..	11/11	11/21½
	Ine
	mgn
Bethnal Green		10/13	10/23½	..	10/38½	..	10/43	10/53½	..	11/08½	..	11/13	11/23½
	Ine
	mgn
London Liverpool St	Arr	10.16	10.27	..	10.42	..	10.46	10.57	..	11.12	..	11.16	11.27
	plt	15	16	..	17	..	15	16	..	17	..	15	16
To Arrives													

Shenfield and Liverpool Street

Train ID		5C45RL	2C45RL	5C47RL	2W27RL	2C47RL	5C49RL	2C49RL	5C51RL	2W29RL	2C51RL	5C53RL	3C60RB
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G
Oper Char Symbols		Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ
Shenfield CS	Dep
Shenfield	Arr
	plt	1	1
	Dep	11.10	11.40
	Ine	ML	ML
Brentwood	Dep	11.13½	11.43½
Harold Wood	Dep	11.18	11.48
	mgn
Gidea Park Jn	Ine
Gidea Park CS	Dep
Gidea Pk C/E Spur	Arr
	Dep
Gidea Pk Mid Sdg	Dep
	mgn	[1]	[1]
Gidea Park	Arr	11.21½	11.51½
	Dep	11.22	11.52
	Ine
	mgn	11.24½	11.54½
Romford	Ine
Chadwll Hth Md Sdg	Dep	11†07	..	11†22	11†37	..	11†52	12†07	..
Chadwell Heath	Dep	11†09	11.17	11†24	11.28½	11.32	11†39	11.47	11†54	11.58½	12.02	12†09
	Ine	..	EL	EL	..	EL	EL
	mgn
Goodmayes	Dep	..	11.19½	11.34½	..	11.49½	12.04½
	Ine
	mgn
Seven Kings	Dep	11.21½	11.36½	11.51½	12.06½
	mgn
Ilford EMUD	Arr
	Dep	12.09
	mgn
Ilford EMUD L/E Jn	Ine	12/17
	mgn	EL
Ilford	Arr	11.23½	11.32	11.38½	11.53½	12.02	12.08½
	Dep	..	11.24½	..	11X33	11.39½	..	11.54½	..	12X03	12.09½	..	12/18
	Ine	IL	IL
Aldrsbrk Sgnl 337/35	Arr
	Dep
Aldersbrook CS	mgn
Manor Park	Dep	..	11.27	..	11/X34½	11.42	..	11.57	..	12/X04½	12.12
	Ine	EL	EL
	mgn
Forest Gate Jn	Ine	11/28	11/35½	11/43	11/58	12/05½	12/13	12/20
	mgn
Forest Gate	Ine	..	11.29½	11.44½	..	11.59½	12.14½
	mgn
Maryland	Ine	11.31½	11.46½	12.01½	12.16½
	mgn
Stratford	Arr	11.33	11.37½	11.48	..	12.03	..	12.07½	12.18
	plt	5	5	5	5	5	5	5
Stratford	Dep	..	11.34	..	11.38½	11.49	..	12.04	..	12.08½	12.19	..	12/25
	mgn	[1]	[1]	[1]	[1]	[1]	[1]	[1]
Bow Jn	Ine	..	11/36½	..	11/41	11/51½	..	12/06½	..	12/11	12/21½	..	12/27½
	mgn
Bethnal Green	Ine	11/38½	11/43	11/53½	12/08½	12/13	12/23½	12/29½
	mgn
London Liverpool St	Arr	..	11.42	..	11.46	11.57	..	12.12	..	12.16	12.27	..	12.38
	plt	17	15	16	17	15	16	16
To Arrives													

Shenfield and Liverpool Street

Train ID		2C53RL	5C55RL	2W31RL	2C55RL	5C57RL	2C57RL	5C59RL	2W33RL	2C59RL	5C61RL	3C68RB	2C61RL
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G
Oper Char Symbols		Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ
Shenfield CS	Dep
Shenfield	Arr	1	1
Shenfield	Dep	12.10	12.40
Brentwood	Ine	ML	ML
Harold Wood	Dep	12.13½	12.43½
Harold Wood	mgn	12.18	12.48
Gidea Park Jn	mgn
Gidea Park Jn	Ine
Gidea Park CS	Dep
Gidea Pk C/E Spur	Arr
Gidea Pk C/E Spur	Dep
Gidea Pk Mid Sdg	Dep
Gidea Pk Mid Sdg	mgn	[1]	[1]
Gidea Park	Arr	12.21½	12.51½
Gidea Park	Dep	12.22	12.52
Gidea Park	Ine
Gidea Park	mgn
Romford	mgn	12.24½	12.54½
Romford	Ine
Chadwll Hth Md Sdg	Dep	..	12†22	12†37	..	12†52	13†07
Chadwell Heath	Dep	12.17	12†24	12.28½	12.32	12†39	12.47	12†54	12.58½	13.02	13†09	..	13.17
Chadwell Heath	Ine	EL	EL	..	EL	EL	EL
Chadwell Heath	mgn
Goodmayes	Dep	12.19½	12.34½	..	12.49½	13.04½	13.19½
Goodmayes	Ine
Goodmayes	mgn
Seven Kings	Dep	12.21½	12.36½	12.51½	13.06½	13.21½
Seven Kings	mgn
Ilford EMUD	Arr
Ilford EMUD	Dep	13.09
Ilford EMUD	mgn
Ilford EMUD L/E Jn	mgn	13/17
Ilford EMUD L/E Jn	Ine	EL
Ilford EMUD L/E Jn	mgn
Ilford	Arr	12.23½	12.32	12.38½	12.53½	13.02	13.08½	13.23½
Ilford	Dep	12.24½	..	12X33	12.39½	..	12.54½	..	13X03	13.09½	..	13/18	13.24½
Ilford	Ine	IL	IL
Aldrsbrk Sgnl 337/35	Arr
Aldrsbrk Sgnl 337/35	Dep
Aldersbrook CS	Dep
Aldersbrook CS	mgn
Manor Park	Dep	12.27	..	12/X34½	12.42	..	12.57	..	13/X04½	13.12	13.27
Manor Park	Ine	EL	EL
Manor Park	mgn
Forest Gate Jn	mgn	12/28	12/35½	12/43	12/58	13/05½	13/13	13/20	13/28
Forest Gate Jn	Ine
Forest Gate Jn	mgn
Forest Gate	Dep	12.29½	12.44½	..	12.59½	13.14½	13.29½
Forest Gate	Ine
Forest Gate	mgn
Maryland	Dep	12.31½	12.46½	13.01½	13.16½	13.31½
Maryland	Ine
Maryland	mgn
Stratford	Arr	12.33	12.37½	12.48	..	13.03	..	13.07½	13.18	(3)	13.33
Stratford	plt	5	5	5	5	5	5	5	5
Stratford	Dep	12.34	..	12.38½	12.49	..	13.04	..	13.08½	13.19	..	13/25	13.34
Stratford	mgn	[1]	..	[1]	[1]	..	[1]	..	[1]	[1]	..	[1]	[1]
Bow Jn	mgn	12/36½	..	12/41	12/51½	..	13/06½	..	13/11	13/21½	..	13/27½	13/36½
Bow Jn	Ine
Bow Jn	mgn
Bethnal Green	mgn	12/38½	12/43	12/53½	13/08½	13/13	13/23½	13/29½	13/38½
Bethnal Green	Ine
Bethnal Green	mgn
London Liverpool St	Arr	12.42	..	12.46	12.57	..	13.12	..	13.16	13.27	..	13.38	13.42
London Liverpool St	plt	17	15	16	17	15	16	16	17
To Arrives													

Shenfield and Liverpool Street

Train ID		5C63RL	2W35RL	2C63RL	5C65RL	2C65RL	5C67RL	2W37RL	2C67RL	5C69RL	2C69RL	5C71RL	2W39RL
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS
Oper Char Symbols		Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ
Shenfield CS	Dep
Shenfield	Arr
	plt	1	1	1
Shenfield	Dep	13.10	13.40	14.10
	Ine	ML	ML	ML
Brentwood	Dep	13.13½	13.43½	14.13½
Harold Wood	Dep	13.18	13.48	14.18
	mgn
Gidea Park Jn	Ine
Gidea Park CS	Dep
Gidea Pk C/E Spur	Arr
	Dep
Gidea Pk Mid Sdg	Dep
	mgn	[1]	[1]	[1]
Gidea Park	Arr	13.21½	13.51½	14.21½
	Dep	13.22	13.52	14.22
	Ine
	mgn
Romford	Ine	13.24½	13.54½	14.24½
	Dep	13†22	13†37	13†52	..	14†07	..	14†22	..
Chadwell Hth Md Sdg	Dep	13†24	13.28½	13.32	13†39	13.47	13†54	13.58½	14.02	14†09	14.17	14†24	14.28½
	Ine	EL	..	EL	EL	..	EL
	mgn
Goodmayes	Dep	13.34½	..	13.49½	14.04½	..	14.19½
	Ine
	mgn
Seven Kings	Dep	13.36½	13.51½	14.06½	14.21½
	mgn
Ilford EMUD	Arr
	Dep
	mgn
Ilford EMUD L/E Jn	Ine
	mgn
Ilford	Arr	13.32	13.38½	13.53½	14.02	14.08½	14.23½	14.32
	Dep	13X33	13.39½	13.54½	14X03	14.09½	14.24½	14X33
	Ine	IL	IL	IL
Aldersbrk Sgnl 337/35	Arr
	Dep
Aldersbrook CS	Ine
	mgn
Manor Park	Dep	13/X34½	13.42	..	13.57	..	14/X04½	14.12	..	14.27	..	14/X34½
	Ine	EL	EL	EL
	mgn
Forest Gate Jn	Ine	13/35½	13/43	13/58	14/05½	14/13	14/28	14/35½
	mgn
Forest Gate	Ine	13.44½	13.59½	14.14½	14.29½
	mgn
Maryland	Ine	13.46½	14.01½	14.16½	14.31½
	mgn
Stratford	Arr	13.37½	13.48	14.03	..	14.07½	14.18	..	14.33	..	14.37½
	plt	5	5	5	5	5	5	5
Stratford	Dep	13.38½	13.49	..	14.04	..	14.08½	14.19	..	14.34	..	14.38½
	mgn	[1]	[1]	..	[1]	..	[1]	[1]	..	[1]	..	[1]
Bow Jn	Ine	..	13/41	13/51½	..	14/06½	..	14/11	14/21½	..	14/36½	..	14/41
	mgn
Bethnal Green	Ine	13/43	13/53½	14/08½	14/13	14/23½	14/38½	14/43
	mgn
London Liverpool St	Arr	..	13.46	13.57	..	14.12	..	14.16	14.27	..	14.42	..	14.46
	plt	15	16	17	15	16	17	15
To Arrives													

Shenfield and Liverpool Street

Train ID		2C71RL	5C73RL	2C73RL	5C75RL	2W41RL	2C75RL	5C77RL	2C77RL	5C79RL	2W43RL	2C79RL	5C81RL
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G
Oper Char Symbols		Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ
Shenfield CS	Dep
Shenfield	Arr
	plt	1	1
	Dep	14.40	15.10
	Ine	ML	ML
Brentwood	Dep	14.43½	15.13½
Harold Wood	Dep	14.48	15.18
	mgn
Gidea Park Jn	Ine
Gidea Park CS	Dep
Gidea Pk C/E Spur	Arr
	Dep
Gidea Pk Mid Sdg	Dep
	mgn	[1]	[1]
Gidea Park	Arr	14.51½	15.21½
	Dep	14.52	15.22
	Ine
	mgn
Romford	Ine	14.54½	15.24½
Chadwll Hth Md Sdg	Dep	..	14†37	..	14†52	15†07	..	15†22	15†37
Chadwell Heath	Dep	14.32	14†39	14.47	14†54	14.58½	15.02	15†09	15.17	15†24	15.28½	15.32	15†39
	Ine	EL	..	EL	EL	..	EL	EL	..
	mgn
Goodmayes	Dep	14.34½	..	14.49½	15.04½	..	15.19½	15.34½	..
	Ine
	mgn
Seven Kings	Dep	14.36½	14.51½	15.06½	15.21½	15.36½
	mgn
Ilford EMUD	Arr
	Dep
	mgn
Ilford EMUD L/E Jn	Ine
	mgn
Ilford	Arr	14.38½	14.53½	15.02	15.08½	15.23½	15.32	15.38½
	Dep	14.39½	..	14.54½	..	15X03	15.09½	..	15.24½	..	15X33	15.39½	..
	Ine	IL	IL
Aldrsbrk Sgnl 337/35	Arr
	Dep
Aldersbrook CS	mgn
Manor Park	Dep	14.42	..	14.57	..	15X04½	15.12	..	15.27	..	15X34½	15.42	..
	Ine	EL	EL
	mgn
Forest Gate Jn	Ine	14/43	14/58	15/05½	15/13	15/28	15/35½	15/43
	mgn
Forest Gate	Dep	14.44½	..	14.59½	15.14½	..	15.29½	15.44½	..
	Ine
	mgn
Maryland	Dep	14.46½	15.01½	15.16½	15.31½	15.46½
	Ine
	mgn
Stratford	Arr	14.48	15.03	15.07½	15.18	..	15.33	..	15.37½	15.48	..
	plt	5	5	5	5	5	5	5
Stratford	Dep	14.49	..	15.04	..	15.08½	15.19	..	15.34	..	15.38½	15.49	..
	mgn	[1]	..	[1]	..	[1]	[1]	..	[1]	..	[1]	[1]	..
Bow Jn	Ine	14/51½	..	15/06½	..	15/11	15/21½	..	15/36½	..	15/41	15/51½	..
	mgn
Bethnal Green	Dep	14/53½	15/08½	15/13	15/23½	15/38½	15/43	15/53½
	Ine
	mgn
London Liverpool St	Arr	14.57	..	15.12	..	15.16	15.27	..	15.42	..	15.46	15.57	..
	plt	16	17	15	16	17	15	16
To Arrives													

Shenfield and Liverpool Street

Train ID		2C81RL	5C83RL	2W45RL	2C83RL	5C85RL	2C85RL	5C87RL	2W47RL	2C87RL	5C89RL	2C89RL	5C91RL
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G
Oper Char Symbols		Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ
Shenfield CS	Dep
Shenfield	Arr
	plt	1	1
	Dep	15.40	16.10
	Ine	ML	ML
Brentwood	Dep	15.43½	16.13½
Harold Wood	Dep	15.48	16.18
	mgn
Gidea Park Jn	Ine
Gidea Park CS	Dep
Gidea Pk C/E Spur	Arr
	Dep
Gidea Pk Mid Sdg	Dep
	mgn	[1]	[1]
Gidea Park	Arr	15.51½	16.21½
	Dep	15.52	16.22
	Ine
	mgn	15.54½	16.24½
Romford	Ine
Chadwll Hth Md Sdg	Dep	..	15†52	16†07	..	16†22	..	16†37	..	16†52	..
Chadwell Heath	Dep	15.47	15†54	15.58½	16.02	16†09	16.17	16†24	16.28½	16.32	16†39	16.47	16†54
	Ine	EL	EL	..	EL	..	EL	..	EL
	mgn
Goodmayes	Dep	15.49½	16.04½	..	16.19½	..	16.34½	..	16.49½
	Ine
	mgn
Seven Kings	Dep	15.51½	16.06½	16.21½	16.36½	16.51½
	mgn
Ilford EMUD	Arr
	Dep
	mgn
Ilford EMUD L/E Jn	Ine
	mgn
Ilford	Arr	15.53½	16.02	16.08½	16.23½	16.32	16.38½	16.53½
	Dep	15.54½	..	16X03	16.09½	..	16.24½	..	16X33	16.39½	..	16.54½	..
	Ine	IL	IL
Aldrsbrk Sgnl 337/35	Arr
	Dep
Aldersbrook CS	Ine
	mgn
Manor Park	Dep	15.57	..	16/X04½	16.12	..	16.27	..	16/X34½	16.42	..	16.57	..
	Ine	EL	EL
	mgn
Forest Gate Jn	Ine	15/58	16/05½	16/13	16/28	16/35½	16/43	16/58
	mgn
Forest Gate	Ine	15.59½	16.14½	..	16.29½	..	16.44½	..	16.59½
	mgn
Maryland	Ine	16.01½	16.16½	16.31½	16.46½	17.01½
	mgn
Stratford	Arr	16.03	16.07½	16.18	..	16.33	..	16.37½	16.48	17.03
	plt	5	5	5	5	5	5	5
Stratford	Dep	16.04	16.08½	16.19	..	16.34	..	16.38½	16.49	17.04	..
	mgn	[1]	[1]	[1]	[1]	[1]	[1]	[1]
Bow Jn	Ine	16/06½	..	16/11	16/21½	..	16/36½	..	16/41	16/51½	..	17/06½	..
	mgn
Bethnal Green	Ine	16/08½	16/13	16/23½	16/38½	16/43	16/53½	17/08½
	mgn
London Liverpool St	Arr	16.12	..	16.16	16.27	..	16.42	..	16.46	16.57	..	17.12	..
	plt	17	15	16	17	15	16	17
To Arrives													

Shenfield and Liverpool Street

Train ID		2W49RL	2C91RL	5C93RL	2C93RL	5C95RL	2W51RL	2C95RL	5C97RL	2C97RL	5C99RL	2W53RL	2C99RL
Departs													
From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G
Oper Char Symbols		Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ
Shenfield CS	Dep
Shenfield	Arr
	plt	1	1	1	..
	Dep	16.40	17.10	17.40	..
	Ine	ML	ML	ML	..
Brentwood	Dep	16.43½	17.13½	17.43½	..
Harold Wood	Dep	16.48	17.18	17.48
	mgn
Gidea Park Jn	Ine
Gidea Park CS	Dep
Gidea Pk C/E Spur	Arr
	Dep
Gidea Pk Mid Sdg	Dep
	mgn	[1]	[1]	[1]
Gidea Park	Arr	16.51½	17.21½	17.51½
	Dep	16.52	17.22	17.52
	Ine
	mgn
Romford	Dep	16.54½	17.24½	17.54½	..
	Ine
Chadwll Hth Md Sdg	Dep	17†07	..	17†22	..	17†37	..	17†52
Chadwell Heath	Dep	16.58½	17.02	17†09	17.17	17†24	17.28½	17.32	17†39	17.47	17†54	17.58½	18.02
	Ine	..	EL	..	EL	EL	..	EL	EL
	mgn
Goodmayes	Dep	..	17.04½	..	17.19½	17.34½	..	17.49½	18.04½
	Ine
	mgn
Seven Kings	Dep	17.06½	17.21½	17.36½	17.51½	18.06½
	mgn
Ilford EMUD	Arr
	Dep
	mgn
Ilford EMUD L/E Jn	Ine
	mgn
Ilford	Arr	17.02	17.08½	17.23½	17.32	17.38½	17.53½	18.02	18.08½
	Dep	17X03	17.09½	..	17.24½	..	17X33	17.39½	..	17.54½	..	18X03	18.09½
	Ine	IL	IL	IL
Aldrsbrk Sgnl 337/35	Arr
	Dep
Aldersbrook CS	Ine
	mgn
Manor Park	Dep	17X04½	17.12	..	17.27	..	17X34½	17.42	..	17.57	..	18X04½	18.12
	Ine	EL	EL	EL
	mgn
Forest Gate Jn	Dep	17/05½	17/13	17/28	17/35½	17/43	17/58	18/05½	18/13
	Ine
	mgn
Forest Gate	Dep	..	17.14½	17.29½	17.44½	17.59½	18.14½
	Ine
	mgn
Maryland	Dep	17.16½	17.31½	17.46½	18.01½	18.16½
	Ine
	mgn
Stratford	Arr	17.07½	17.18	17.33	..	17.37½	17.48	..	18.03	18.07½	18.18
	plt	5	5	5	5	5	5	5	5
Stratford	Dep	17.08½	17.19	17.34	17.38½	17.49	18.04	18.08½	18.19
	mgn	[1]	[1]	[1]	[1]	[1]	[1]	[1]	[1]
Bow Jn	Dep	17/11	17/21½	..	17/36½	..	17/41	17/51½	..	18/06½	..	18/11	18/21½
	Ine
	mgn
Bethnal Green	Dep	17/13	17/23½	17/38½	17/43	17/53½	18/08½	18/13	18/23½
	Ine
	mgn
London Liverpool St	Arr	17.16	17.27	..	17.42	..	17.46	17.57	..	18.12	..	18.16	18.27
	plt	15	16	17	15	16	17	15	16
To													
Arrives													

Shenfield and Liverpool Street

Train ID		5C01RM	2C01RM	5C03RM	2W55RL	2C03RM	5C05RM	3C12RB	2C05RM	5C07RM	2W57RL	2C07RM	5C09RM
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G
Oper Char Symbols		Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ
Shenfield CS	Dep
Shenfield	Arr
	plt	1	1
	Dep	18.10	18.40
	Ine	ML	ML
Brentwood	Dep	18.13½	18.43½
Harold Wood	Dep	18.18	18.48
	mgn
Gidea Park Jn	Ine
Gidea Park CS	Dep
Gidea Pk C/E Spur	Arr
	Dep
Gidea Pk Mid Sdg	Dep
	mgn	[1]	[1]
Gidea Park	Arr	18.21½	18.51½
	Dep	18.22	18.52
	Ine
	mgn	18.24½	18.54½
Romford	Ine
Chadwll Hth Md Sdg	Dep	18†07	..	18†22	18†37	18†52	19†07
Chadwell Heath	Dep	18†09	18.17	18†24	18.28½	18.32	18†39	18.47	18†54	18.58½	19.02	19†09
	Ine	..	EL	EL	EL	EL	..
	mgn
Goodmayes	Dep	..	18.19½	18.34½	18.49½	19.04½	..
	Ine
	mgn
Seven Kings	Dep	18.21½	18.36½	18.51½	19.06½
	mgn
Ilford EMUD	Arr
	Dep	18.39
	mgn
Ilford EMUD L/E Jn	Ine	18/47
	mgn	EL
Ilford	Arr	18.23½	18.32	18.38½	18.53½	19.02	19.08½
	Dep	..	18.24½	..	18X33	18.39½	..	18/48	18.54½	..	19X03	19.09½	..
	Ine	IL	IL
Aldrsbrk Sgnl 337/35	Arr
	Dep
Aldersbrook CS	mgn
Manor Park	Dep	..	18.27	..	18X34½	18.42	18.57	..	19X04½	19.12	..
	Ine	EL	EL
	mgn
Forest Gate Jn	Ine	18/28	18/35½	18/43	18/50	18/58	19/05½	19/13
	mgn
Forest Gate	Ine	..	18.29½	18.44½	18.59½	19.14½	..
	mgn
Maryland	Ine	18.31½	18.46½	19.01½	19.16½
	mgn
Stratford	Arr	18.33	18.37½	18.48	19.03	19.07½	19.18
	plt	5	5	5	5	5	5	5
Stratford	Dep	..	18.34	..	18.38½	18.49	..	18/55	19.04	..	19.08½	19.19	..
	mgn	[1]	[1]	[1]	[1]	[1]	[1]	[1]
Bow Jn	Ine	..	18/36½	..	18/41	18/51½	..	18/57½	19/06½	..	19/11	19/21½	..
	mgn
Bethnal Green	Ine	18/38½	18/43	18/53½	18/59½	19/08½	19/13	19/23½
	mgn
London Liverpool St	Arr	..	18.42	..	18.46	18.57	..	19.08	19.12	..	19.16	19.27	..
	plt	17	15	16	16	17	15	16
To Arrives													

Shenfield and Liverpool Street

Train ID		2C09RM	5C11RM	2W59RL	2C11RM	5C13RM	2C13RM	5C15RM	2W61RL	2C15RM	5C17RM	2C17RM	5C19RM
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G
Oper Char Symbols		Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ
Shenfield CS	Dep
Shenfield	Arr
	plt	1	1
	Dep	19.10	19.40
	Ine	ML	ML
Brentwood	Dep	19.13½	19.43½
Harold Wood	Dep	19.18	19.48
	mgn
Gidea Park Jn	Ine
Gidea Park CS	Dep
Gidea Pk C/E Spur	Arr
	Dep
Gidea Pk Mid Sdg	Dep
	mgn	[1]	[1]
Gidea Park	Arr	19.21½	19.51½
	Dep	19.22	19.52
	Ine
	mgn	19.24½	19.54½
Romford	Ine
Chadwll Hth Md Sdg	Dep	..	19†22	19†37	..	19†52	20†07	..	20†22
Chadwell Heath	Dep	19.17	19†24	19.28½	19.32	19†39	19.47	19†54	19.58½	20.02	20†09	20.17	20†24
	Ine	EL	EL	..	EL	..	EL	EL	..
	mgn
Goodmayes	Dep	19.19½	19.34½	..	19.49½	20.04½	..	20.19½	..
	Ine
	mgn
Seven Kings	Dep	19.21½	19.36½	19.51½	20.06½	20.21½
	mgn
Ilford EMUD	Arr
	Dep
	mgn
Ilford EMUD L/E Jn	Ine
	mgn
Ilford	Arr	19.23½	19.32	19.38½	19.53½	20.02	20.08½	20.23½
	Dep	19.24½	..	19X33	19.39½	..	19.54½	..	20X03	20.09½	..	20.24½	..
	Ine	IL	IL
Aldrsbrk Sgnl 337/35	Arr
	Dep
Aldersbrook CS	mgn
Manor Park	Dep	19.27	..	19X34½	19.42	..	19.57	..	20X04½	20.12	..	20.27	..
	Ine	EL	EL
	mgn
Forest Gate Jn	Ine	19/28	19/35½	19/43	19/58	20/05½	20/13	20/28
	mgn
Forest Gate	Ine	19.29½	19.44½	..	19.59½	20.14½	..	20.29½	..
	mgn
Maryland	Ine	19.31½	19.46½	20.01½	20.16½	20.31½
	mgn
Stratford	Arr	19.33	19.37½	19.48	..	20.03	..	20.07½	20.18	20.33
	plt	5	5	5	5	5	5	5
Stratford	Dep	19.34	19.38½	19.49	..	20.04	..	20.08½	20.19	20.34	..
	mgn	[1]	[1]	[1]	[1]	[1]	[1]	[1]
Bow Jn	Ine	19/36½	..	19/41	19/51½	..	20/06½	..	20/11	20/21½	..	20/36½	..
	mgn
Bethnal Green	Ine	19/38½	19/43	19/53½	20/08½	20/13	20/23½	20/38½
	mgn
London Liverpool St	Arr	19.42	..	19.46	19.57	..	20.12	..	20.16	20.27	..	20.42	..
	plt	17	15	16	17	15	16	17
To Arrives													

Shenfield and Liverpool Street

Train ID		2W63RL	2C19RM	5C21RM	2C21RM	5C23RM	2W65RL	2C23RM	5C25RM	2C25RM	5C27RM	2W67RL	2C27RM
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G
Oper Char Symbols		Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ	Ⓞ
Shenfield CS	Dep
Shenfield	Arr
	plt	1	1	1	..
	Dep	20.10	20.40	21.10	..
	Ine	ML	ML	ML	..
Brentwood	Dep	20.13½	20.43½	21.13½	..
Harold Wood	Dep	20.18	20.48	21.18	..
	mgn
Gidea Park Jn	Ine
Gidea Park CS	Dep
Gidea Pk C/E Spur	Arr
	Dep
Gidea Pk Mid Sdg	Dep
	mgn	[1]	[1]	[1]	..
Gidea Park	Arr	20.21½	20.51½	21.21½	..
	Dep	20.22	20.52	21.22	..
	Ine
	mgn
Romford	Dep	20.24½	20.54½	21.24½	..
	Ine
Chadwll Hth Md Sdg	Dep	20†37	..	20†52	..	21†07	..	21†22
Chadwell Heath	Dep	20.28½	20.32	20†39	20.47	20†54	20.58½	21.02	21†09	21.17	21†24	21.28½	21.32
	Ine	..	EL	..	EL	EL	..	EL	EL
	mgn
Goodmayes	Dep	..	20.34½	..	20.49½	21.04½	..	21.19½	21.34½
	Ine
	mgn
Seven Kings	Dep	..	20.36½	..	20.51½	21.06½	..	21.21½	21.36½
	mgn
Ilford EMUD	Arr
	Dep
	mgn
Ilford EMUD L/E Jn	Ine
	mgn
Ilford	Arr	20.32	20.38½	..	20.53½	..	21.02	21.08½	..	21.23½	..	21.32	21.38½
	Dep	20X33	20.39½	..	20.54½	..	21X03	21.09½	..	21.24½	..	21X33	21.39½
	Ine	IL	IL	IL	..
Aldrsbrk Sgnl 337/35	Arr
	Dep
Aldersbrook CS	mgn
Manor Park	Dep	20/X34½	20.42	..	20.57	..	21/X04½	21.12	..	21.27	..	21/X34½	21.42
	Ine	EL	EL	EL	..
	mgn
Forest Gate Jn	Dep	20/35½	20/43	..	20/58	..	21/05½	21/13	..	21/28	..	21/35½	21/43
	Ine
	mgn
Forest Gate	Dep	..	20.44½	..	20.59½	21.14½	..	21.29½	21.44½
	Ine
	mgn
Maryland	Dep	..	20.46½	..	21.01½	21.16½	..	21.31½	21.46½
	Ine
	mgn
Stratford	Arr	20.37½	20.48	..	21.03	..	21.07½	21.18	..	21.33	..	21.37½	21.48
	plt	5	5	..	5	..	5	5	..	5	..	5	5
Stratford	Dep	20.38½	20.49	..	21.04	..	21.08½	21.19	..	21.34	..	21.38½	21.49
	mgn	[1]	[1]	..	[1]	..	[1]	[1]	..	[1]	..	[1]	[1]
Bow Jn	Dep	20/41	20/51½	..	21/06½	..	21/11	21/21½	..	21/36½	..	21/41	21/51½
	Ine
	mgn
Bethnal Green	Dep	20/43	20/53½	..	21/08½	..	21/13	21/23½	..	21/38½	..	21/43	21/53½
	Ine
	mgn
London Liverpool St	Arr	20.46	20.57	..	21.12	..	21.16	21.27	..	21.42	..	21.46	21.57
	plt	15	16	..	17	..	15	16	..	17	..	15	16
To Arrives													

Shenfield and Liverpool Street

Train ID		5C29RM	2C29RM	5C31RM	2W69RL	2C31RM	5C33RM	2C33RM	5C35RM	2W71RL	2C35RM	5C37RM	2C37RM
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G
Oper Char Symbols		Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ
Shenfield CS	Dep
Shenfield	Arr
	plt	1	1
	Dep	21.40	22.10
	Ine	ML	ML
Brentwood	Dep	21.43½	22.13½
Harold Wood	Dep	21.48	22.18
	mgn
Gidea Park Jn	Ine
Gidea Park CS	Dep
Gidea Pk C/E Spur	Arr
	Dep
Gidea Pk Mid Sdg	Dep
	mgn	[1]	[1]
Gidea Park	Arr	21.51½	22.21½
	Dep	21.52	22.22
	Ine
	mgn
Romford	Ine	21.54½	22.24½
Chadwll Hth Md Sdg	Dep	21†37	..	21†52	22†07	..	22†22	22†37	..
Chadwell Heath	Dep	21†39	21.47	21†54	21.58½	22.02	22†09	22.17	22†24	22.28½	22.32	22†39	22.47
	Ine	..	EL	EL	..	EL	EL	..	EL
	mgn
Goodmayes	Dep	..	21.49½	22.04½	..	22.19½	22.34½	..	22.49½
	Ine
	mgn
Seven Kings	Dep	21.51½	22.06½	22.21½	22.36½	22.51½
	mgn
Ilford EMUD	Arr
	Dep
	mgn
Ilford EMUD L/E Jn	Ine
	mgn
Ilford	Arr	21.53½	22.02	22.08½	22.23½	22.32	22.38½	22.53½
	Dep	21.54½	22X03	22.09½	..	22.24½	..	22X33	22.39½	..	22.54½
	Ine	IL	IL
Aldrsbrk Sgnl 337/35	Arr
	Dep
Aldersbrook CS	mgn
Manor Park	Dep	..	21.57	..	22/X04½	22.12	..	22.27	..	22/X34½	22.42	..	22.57
	Ine	EL	EL
	mgn
Forest Gate Jn	Ine	21/58	22/05½	22/13	22/28	22/35½	22/43	22/58
	mgn
Forest Gate	Ine	..	21.59½	22.14½	..	22.29½	22.44½	..	22.59½
	mgn
Maryland	Ine	22.01½	22.16½	..	22.31½	22.46½	..	23.01½
	mgn
Stratford	Arr	22.03	22.07½	22.18	..	22.33	..	22.37½	22.48	23.03
	plt	5	5	5	5	5	5	5
Stratford	Dep	..	22.04	..	22.08½	22.19	..	22.34	..	22.38½	22.49	..	23.04
	mgn	[1]	[1]	[1]	[1]	[1]	[1]	[1]
Bow Jn	Ine	..	22/06½	..	22/11	22/21½	..	22/36½	..	22/41	22/51½	..	23/06½
	mgn
Bethnal Green	Ine	22/08½	22/13	22/23½	22/38½	22/43	22/53½	23/08½
	mgn
London Liverpool St	Arr	..	22.12	..	22.16	22.27	..	22.42	..	22.46	22.57	..	23.12
	plt	17	15	16	17	15	16	17
To Arrives													

Shenfield and Liverpool Street

Train ID		5C39RM	2W73RL	2C39RM	5C41RM	2C41RM	5C43RM	2W75RL	2C43RM	5C45RM	2C45RM	5C47RM	2W77RL
Departs From													
Timing Type		315	315	315	315	315	315	315	315	315	315	315	315
Days Run		SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS	SO;G	SO;G	SO;G	SO;G	SO;GS
Oper Char Symbols		Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ
Shenfield CS	Dep
Shenfield	Arr
	plt	1	1	1
	Dep	22.40	23.10	23.40
	Ine	ML	ML	ML
Brentwood	Dep	22.43½	23.13½	23.43½
Harold Wood	Dep	22.48	23.18	23.48
	mgn
Gidea Park Jn	Ine
Gidea Park CS	Dep
Gidea Pk C/E Spur	Arr
	Dep
Gidea Pk Mid Sdg	Dep
	mgn	[1]	[1]	[1]
Gidea Park	Arr	22.51½	23.21½	23.51½
	Dep	22.52	23.22	23.52
	Ine
	mgn
Romford	Ine	22.54½	23.24½	23.54½
	Dep	22†52	23†07	..	23†22	23†37	..	23†52	..
Chadwell Hth Md Sdg	Dep	22†54	22.58½	23.02	23†09	23.17	23†24	23.28½	23.32	23†39	23.47	23†54	23.58½
	Ine	EL	..	EL	EL	..	EL
	mgn
Goodmayes	Dep	23.04½	..	23.19½	23.34½	..	23.49½
	Ine
	mgn
Seven Kings	Dep	23.06½	23.21½	23.36½	23.51½
	mgn
Ilford EMUD	Arr
	Dep
	mgn
Ilford EMUD L/E Jn	Ine
	mgn
Ilford	Arr	23.02	23.08½	23.23½	23.32	23.38½	23.53½	00.02
	Dep	23X03	23.09½	23.24½	23X33	23.39½	23.54½	00X03
	Ine	IL	IL	IL
Aldersbrk Sgnl 337/35	Arr
	Dep
Aldersbrook CS	mgn
Manor Park	Dep	23X04½	23.12	..	23.27	..	23X34½	23.42	..	23.57	..	00X04½
	Ine	EL	EL	EL
	mgn
Forest Gate Jn	Ine	23/05½	23/13	23/28	23/35½	23/43	23/58	00/05½
	mgn
Forest Gate	Ine	23.14½	23.29½	23.44½	23.59½
	mgn
Maryland	Ine	23.16½	23.31½	23.46½	00.01½
	mgn
Stratford	Arr	23.07½	23.18	..	23.33	..	23.37½	23.48	00.03	..	00.07½
	plt	5	5	5	5	5	5	5
Stratford	Dep	23.08½	23.19	..	23.34	..	23.38½	23.49	00.04	..	00.08½
	mgn	[1]	[1]	[1]	[1]	[1]	[1]	[1]
Bow Jn	Ine	23/11	23/21½	..	23/36½	..	23/41	23/51½	..	00/06½	..	00/11
	mgn
Bethnal Green	Ine	23/13	23/23½	23/38½	23/43	23/53½	00/08½	00/13
	mgn
London Liverpool St	Arr	23.16	23.27	..	23.42	..	23.46	23.57	..	00.12	..	00.16
	plt	15	16	17	15	16	17	15
To Arrives													

Shenfield and Liverpool Street

Train ID		2C47RM	5C01RB	5C03RB	5V91RB	5V93RB
Departs From						
Timing Type		315	315	315	315	315
Days Run		Sun;G	Sun;G	Sun;G	Sun;G	Sun;G
Oper Char Symbols		Ⓢ	Ⓢ	Ⓢ	Ⓢ	Ⓢ
Shenfield CS	Dep
Shenfield	Arr
	plt
Shenfield	Dep
	Ine
Brentwood	Dep
Harold Wood	mgn
Gidea Park Jn	
	Ine
Gidea Park CS	Dep
Gidea Pk C/E Spur	Arr
	Dep
Gidea Pk Mid Sdg	Dep
	mgn
Gidea Park	Arr
	Dep
	Ine
	mgn
Romford	
	Ine
Chadwll Hth Md Sdg	Dep	..	00†07	00†22	00†37	01†07
Chadwell Heath		00.02	00/08½	00/23½	00/38½	01/08½
		EL	EL	EL	EL	EL
	mgn
Goodmayes	Dep	00.04½
	Ine
	mgn
Seven Kings	Dep	00.06½	00/41	01/11
	mgn
Iford EMUD	Arr	00†51	01†21
	Dep
	mgn
Iford EMUD L/E Jn	
	Ine
	mgn
Iford	Arr	00.08½
	Dep	00.09½	00/12	00/27
	Ine
Aldrsbrk Sgnl 337/35	Arr
	Dep
Aldersbrook CS	
	mgn
Manor Park	Dep	00.12
	Ine
	mgn	..	(1)
Forest Gate Jn		00/13	00/15	00/29
	Ine
	mgn
Forest Gate		00.14½
	Ine
	mgn
Maryland		00.16½
	Ine
	mgn	(4)
Stratford	Arr	00.18
	plt	5	5	5
Stratford	Dep	00.19	00/21	00/31
	mgn	[1]	[1]	[1]
Bow Jn		00/21½	00/23½	00/33½
	Ine
	mgn
Bethnal Green		00/23½	00/25½	00/35½
	Ine
	mgn
London Liverpool St	Arr	00.27	00†29	00†39
	plt	16	18	17
To						
Arrives						

Shenfield and Liverpool Street

Footnotes

General Notes

Dated Trains run as follows:

:G : Gidea Park CS Blockade

2C47RM[Sun]	5C01RB[Sun]	5C03RB[Sun]	5V91RB[Sun]	5V93RB[Sun]
2W01RB[SO]	2W03RB[SO]	5C01RL[SO]	2C01RL[SO]	5C03RL[SO]
2C03RL[SO]	5C05RL[SO]	2C05RL[SO]	5C07RL[SO]	2C07RL[SO]
5C09RL[SO]	2C09RL[SO]	5C11RL[SO]	2C11RL[SO]	5C13RL[SO]
2C13RL[SO]	5C15RL[SO]	2C15RL[SO]	5C17RL[SO]	2C17RL[SO]
5C19RL[SO]	2C19RL[SO]	5C21RL[SO]	2C21RL[SO]	5C23RL[SO]
2C23RL[SO]	5C25RL[SO]	2C25RL[SO]	5C27RL[SO]	2C27RL[SO]
5C29RL[SO]	2C29RL[SO]	5C31RL[SO]	2C31RL[SO]	5C33RL[SO]
2C33RL[SO]	5C35RL[SO]	2C35RL[SO]	5C37RL[SO]	2C37RL[SO]
5C39RL[SO]	2C39RL[SO]	5C41RL[SO]	2C41RL[SO]	5C43RL[SO]
2C43RL[SO]	5C45RL[SO]	2C45RL[SO]	5C47RL[SO]	2C47RL[SO]
5C49RL[SO]	2C49RL[SO]	5C51RL[SO]	2C51RL[SO]	5C53RL[SO]
3C60RB[SO]	2C53RL[SO]	5C55RL[SO]	2C55RL[SO]	5C57RL[SO]
2C57RL[SO]	5C59RL[SO]	2C59RL[SO]	5C61RL[SO]	3C68RB[SO]
2C61RL[SO]	5C63RL[SO]	2C63RL[SO]	5C65RL[SO]	2C65RL[SO]
5C67RL[SO]	2C67RL[SO]	5C69RL[SO]	2C69RL[SO]	5C71RL[SO]
2C71RL[SO]	5C73RL[SO]	2C73RL[SO]	5C75RL[SO]	2C75RL[SO]
5C77RL[SO]	2C77RL[SO]	5C79RL[SO]	2C79RL[SO]	5C81RL[SO]
2C81RL[SO]	5C83RL[SO]	2C83RL[SO]	5C85RL[SO]	2C85RL[SO]
5C87RL[SO]	2C87RL[SO]	5C89RL[SO]	2C89RL[SO]	5C91RL[SO]
2C91RL[SO]	5C93RL[SO]	2C93RL[SO]	5C95RL[SO]	2C95RL[SO]
5C97RL[SO]	2C97RL[SO]	5C99RL[SO]	2C99RL[SO]	5C01RM[SO]
2C01RM[SO]	5C03RM[SO]	2C03RM[SO]	5C05RM[SO]	3C12RB[SO]
2C05RM[SO]	5C07RM[SO]	2C07RM[SO]	5C09RM[SO]	2C09RM[SO]
5C11RM[SO]	2C11RM[SO]	5C13RM[SO]	2C13RM[SO]	5C15RM[SO]
2C15RM[SO]	5C17RM[SO]	2C17RM[SO]	5C19RM[SO]	2C19RM[SO]
5C21RM[SO]	2C21RM[SO]	5C23RM[SO]	2C23RM[SO]	5C25RM[SO]
2C25RM[SO]	5C27RM[SO]	2C27RM[SO]	5C29RM[SO]	2C29RM[SO]
5C31RM[SO]	2C31RM[SO]	5C33RM[SO]	2C33RM[SO]	5C35RM[SO]
2C35RM[SO]	5C37RM[SO]	2C37RM[SO]	5C39RM[SO]	2C39RM[SO]
5C41RM[SO]	2C41RM[SO]	5C43RM[SO]	2C43RM[SO]	5C45RM[SO]
2C45RM[SO]	5C47RM[SO]			

:GS: Gidea Park CS Blockade (Shn)

5W00RL[SO]	5W02RL[SO]	2W05RL[SO]	5W07RL[SO]	2W07RL[SO]
2W09RL[SO]	2W11RL[SO]	2W13RL[SO]	2W15RL[SO]	2W17RL[SO]
2W19RL[SO]	2W21RL[SO]	2W23RL[SO]	2W25RL[SO]	2W27RL[SO]
2W29RL[SO]	2W31RL[SO]	2W33RL[SO]	2W35RL[SO]	2W37RL[SO]
2W39RL[SO]	2W41RL[SO]	2W43RL[SO]	2W45RL[SO]	2W47RL[SO]
2W49RL[SO]	2W51RL[SO]	2W53RL[SO]	2W55RL[SO]	2W57RL[SO]
2W59RL[SO]	2W61RL[SO]	2W63RL[SO]	2W65RL[SO]	2W67RL[SO]
2W69RL[SO]	2W71RL[SO]	2W73RL[SO]	2W75RL[SO]	2W77RL[SO]